

## Durango Child & Adolescent Therapists

Local therapists can also be found at [PsychologyToday.com](https://www.psychologytoday.com)

| Name   | Address  | Phone        | Preferred Contact | Ages     | Interventions/Specialties  | Payment Methods  |
|--|--|--------------|-------------------|----------|--|--|
| <b>Axis Health System</b><br>Community Mental Health Services<br><b>CRISIS LINE: 970-247-5245</b><br><i>Spanish speaking provider available</i>  | 281 Sawyer Dr  | 970-259-2162 | Phone             | All ages | Individual and Group therapy, Case Management, Vocational Rehabilitation   | <b>Medicaid</b> , Sliding scale, most insurance                                      |
| <b>Gabriel Bernier, LPCC</b><br>Fox & the Crow Counseling<br><a href="http://www.foxandcrowcounseling.com">www.foxandcrowcounseling.com</a><br>gabriel@foxandcrowcounseling.com  | 48 CR 250, Suite 8,<br>Durango, Telehealth available | 970-426-5859 | Phone             | 16+      | Relationship issues, Life transitions, Anxiety, Depression, Existential issues, Men's issues, LGBTQ+, Gender & Sexual Identity                           | Self-pay, Sliding Scale  |
| <b>David Blau, MED</b><br>Blau Counseling and Consulting Service   | Durango  | 970-769-1040 | Phone             | 13-22    | Anxiety, Depression, Autism Spectrum, Relationship, Family, and School Issues. CBT, Reality Theory, Rational Emotive Behavior Therapy (REBT), Humanistic | Self-pay   |
| <b>Tanya Furry, LPC</b><br>My Joyful Expressions<br><a href="http://www.durangochildtherapy.com">www.durangochildtherapy.com</a>   | 484 Turner Dr.,<br>Building F, Suite 104             | 970-749-6971 | Email             | Under 18 | Play Therapy, Theraplay, Parent coaching for challenging behaviors   | <b>Medicaid</b> , CHP+, RMHP, BCBS/Anthem, Profile EAP, and Mines and Associates EAP |
| <b>Durango Family Therapy</b><br>Brent Dixon, LPC,<br>Renee Dixon, LSW<br>Sierra Williamsen, MA, LPC<br>Chelsi Hower, LPC<br>Paige MacKenzie, LPCC<br><a href="http://www.durangofamilytherapy.com">www.durangofamilytherapy.com</a> | 2243 Main Ave,<br>Suites #16, 18, and 20             | 970-422-7334 | Phone and Email   | 11+      | Family, Couples, EMDR, Anxiety, Depression, Trauma, Grief, Transitions, Parenting Support  | Self-pay, EAPs, Sliding Scale  |

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| <b>Tracy Farmer, LCSW</b><br><a href="http://www.durangofamilycounseling.com">www.durangofamilycounseling.com</a>   | Durango   | 970-739-9438 | Email          | 10+      | Adjustment, Divorce, Co-parenting, Step-parenting, Family therapy, Mediation, Parent coordination, Supervised visitation, PRE   | Self-pay, Sliding scale, insurance through SonderMind, No Medicaid                 |
| <b>Nicole Fuller MA, DVAP, CAS, DVAP, CAS, DUI Provider</b><br><a href="mailto:niclevan123@msn.com">niclevan123@msn.com</a>   | PO Box 1802<br>Bayfield, CO 81122   | 970-769-2435 | Phone or Email | 10+      | Anxiety, Depression, Substance Abuse, Domestic Violence, DUI, Trauma, Abuse, Anger Management, Chronic Mental Illness, Grief, Divorce, Marital                                    | Self-pay, Sliding scale  |
| <b>Lauren Glass, LPC, NCC</b><br><a href="http://www.laurenglassconsulting.com">www.laurenglassconsulting.com</a><br><a href="mailto:laurenglassconsulting@gmail.com">laurenglassconsulting@gmail.com</a>   | 2243 Main Ave Suite 4H<br>Durango   | 970-335-8161 | Phone or Email | 14+      | Life transitions, LGBTQIA+ folks, Depression, Trauma, Perfectionism, Outdoor Accidents and Recovery, Nervous System and polyvagal focus, Internal Family Systems and Attachment   | Athem/BCBS, Aetna, Oscar, United, Oxford, Cigna, Tri County BH Fund, Sliding Scale |
| <b>The Grief Center of SW Colorado</b><br>Judy Austin, LPC, LPC-S<br>Julie Madden, MA<br>Melinda Jameson, LPC<br>Caleb Speas, LPC<br>Julie Hutson, LPC<br>Mary Frey, LPCC<br>Aaron Shipps, LPCC<br>Anne Bartlett, LSW<br><a href="http://www.griefcenterswco.org">www.griefcenterswco.org</a><br><a href="mailto:griefcenterswco@gmail.com">griefcenterswco@gmail.com</a> | 2243 N Main Ave,<br>Suite 4F<br>Durango<br><br><b>Telehealth option available</b> | 970-764-7142 | Phone          | All ages | Grief, Individual and Family Grief Therapy, Survivors of Suicide, Pre-Neo Natal Grief Support, GRASP group, Children's grief camps, Parenting grieving children support, Pet loss | Sliding scale, Some insurances and EAPS accepted (email or call to ask)            |
| <b>Amy Hackmeier, LCSW</b><br>Family Dynamics, LLC<br><a href="mailto:truefamilydynamics@gmail.com">truefamilydynamics@gmail.com</a>  | 2243 West 22nd<br>Suite #17   | 970-261-2633 | Phone or Email | All ages | Parent coaching, Autism, PTSD, Attachment, Relationship, Divorce, Foster care, ADHD, Anxiety, Depression  | Self-pay, Sliding scale  |

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| <p><b>Tara Jackson Wholistic Therapy</b></p> <p><b>Tara Jackson, LPC, RPT-S</b><br/> <a href="http://www.tarajacksoncounseling.com">www.tarajacksoncounseling.com</a></p> <p><b>Christine Trout MA, LPCC, BFA</b><br/> (3-12 years old)<br/> Chrstinetroutcounseling.net</p> <p>Several interns and LPCC available who can take Medicaid and Self Pay</p> | Durango and telehealth                        | 970-799-0765<br><br>970-403-5158 | Email                 | All ages | Developmental/Academic Concerns, ADHD, Grief and Loss, Family work, Anxiety, Depression, Transition & Adjustment, Attachment Issues, LGBTQ+, Trauma/ PTSD, Neurodivergent concerns, Early Childhood Parenting support, EMDR, Synergetic Play therapy, CBT/DBT, Somatic Therapies, Polyvagal | Aetna, Cigna, Meritain, RMHP, CHP+, <b>Medicaid</b> , Tricare, Self-pay                        |
| <b>Melinda Jameson, LPC</b>   | 128 W. 14 <sup>th</sup> St. #205              | 970-247-1444                     | Phone                 | 5+       | Grief, Loss, Child loss (mothers)   | <b>Medicaid</b> , BCBS/Anthem, RMHP, CHP+, United/UMR  |
| <b>Jacqueline Juliana, LPC</b><br><a href="http://www.jjlp counselor.com">www.jjlp counselor.com</a>  | Telehealth out of Durango                     | 970-519-2690                     | Phone and Email       | 14+      | Parent coaching, Family transitions, Anxiety, Depression, ADHD, Identity  | BCBS, United/UMR, Cigna, Oscar, Oxford, Aetna, Self-pay  |
| <b>KidStuff Counseling</b><br>Rachel Alber, MSW, CSWC<br>Cailea Eisenberg, MSW, SWC<br>Mandy Sproul, MAAT, LPC, ATR<br>Meleana Young, MA, LPCC<br>Telehealth providers available<br><a href="http://www.kidstuffcounseling.co">www.kidstuffcounseling.co</a>  | 555 S. Camino Del Rio, Suite C1-B             | 970-775-7061                     | Phone                 | All ages | Art, CBT, EMDR, Mindfulness, Experiential Play Trauma, Anxiety, Depression, Life Transitions, LGBTQ+, Self-esteem, Child, Teen, Adult   | Self-pay, CHP+, RMHP, <b>Medicaid</b> , Beacon Health, Anthem/BCBS, Cigna, United/UMR          |
| <b>Julie Kostuch, MA, LPC</b>   | 128 W 14 <sup>th</sup> St, Suite 201B Durango | 970-799-0807                     | Phone                 | 3+       | Children, Adolescents and Young Adults; Play therapy, Anxiety, EMDR, EFT, Mindfulness, Polyvagal, Art Therapy   | CHP+, <b>Medicaid</b> , RMHP, BCBS/Anthem, most private insurance through Sondermind, Self-pay |
| <b>Felicia Libo, LPC</b><br><a href="http://felicialibo.com">http://felicialibo.com</a>   | Telehealth throughout Colorado                | 970-759-2678                     | Email, Website, Phone | 17+      | Life transitions, Women's Issues, Sensory Issues/High Sensitivity, Attention/Focus, ADHD, Anxiety, Autism, Relationships, LGBTQ+  | Self-pay, Anthem/BCBS, Denver Health, United, Profile EAP                                      |

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| <b>Mariah Loftin MA, LPC</b><br><b>Wise Owl Counseling</b><br><a href="http://Wiseowlcounseling.com">Wiseowlcounseling.com</a>  |   | 720-587-7355 | Email,<br>Website,<br>Phone | 15+      | Body-centered psychotherapy, Individual, Couples, and Family Therapy, Parent Coaching, Life Transitions, Grief, Trauma, Disordered Eating, OCD, Post-Traumatic Growth, DBT, Applied Behavior Analysis, Art therapy, Clinical Supervision, Couples and Family Intensive | Self Pay only  |
| <b>Gaylene Ludwig, LPC</b><br>lifeupdatedcounseling@gmail.com   | 2257 Main Ave,<br>Durango                                   | 970-216-5524 | Email,<br>Website,<br>Phone | 13+      | Trauma, Childhood Abuse, Depression, Anxiety, Women's Issues, EMDR, Couples, Families  | <b>Medicaid</b> , United, Aetna, RMHP, BCBS  |
| <b>Anna Pierotti, LPC</b><br><a href="http://www.MyAlpenglowTherapy.com">www.MyAlpenglowTherapy.com</a><br>anna@myalpenglowtherapy.com  | 104 South Main<br>Street<br>Suite 3<br>Mancos               | 970-601-7978 | Website or<br>Email         | 12+      | Autism, ADHD, Chronic illness/pain, anxiety, depression, and chronic stress; Group therapy options   | Self-pay, Sliding scale, EAPs  |
| <b>Kelly Pipkins-Burt, LPC</b><br>(Telehealth)  | Telehealth out of<br>Pagosa Springs and<br>2800 Cornerstone | 970-507-0436 |                             | 12+      | DV, Depression, LGBTQ, Anxiety, Family, Trauma, DBT, Divorce, Parenting.   | Self pay, <b>Medicaid</b> , UHC, Friday, Cigna   |
| <b>Rainbow Youth Center</b>   | Durango   | 970-844-4337 | Phone                       | 11-22    | 2SLGBTQIA+   | Available through programs   |
| <b>Katy Pytte, LPC</b><br><a href="http://www.Katypyttte.com">www.Katypyttte.com</a><br><a href="mailto:kpytte00@gmail.com">kpytte00@gmail.com</a>                              | 2243 Main Ave #4C   | 970-903-4769 | Phone or<br>Email           | 8-22     | Anxiety, Depression, Family & School Issues, Divorce, Parenting issues, Trauma, Sex abuse, Play Therapy, EMDR, CBT, Therapy Dog  | <b>Medicaid</b> , Tricare, BCBS, Assurant, CHP+, CIGNA, RMHP, Cofinity, Humana, Life Sync, Aetna, United/UMR, Friday |
| <b>Paragon Behavioral Health Connections</b><br><a href="https://www.paragonbhc.org/">https://www.paragonbhc.org/</a><br>Haley Chatwin, MSW, SWC<br>Mashi Salomon, Care Manager | In family home<br>Telehealth                                | 303-243-0270 | Online<br>Referral          | All ages | Home-based youth and family support, Substance use, Trauma, Case management for access to resources  | <b>Medicaid</b> , RMHP, CHP+, Self-pay   |

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| <b>Riversage Family Counseling</b><br>Juniper Picolet, LPC (8+)<br>Rohan Roy, LPCC (11+)<br>Jennifer Diethrich, LPC (12+)<br>Holly Brooks, LSW (15+) telehealth   | 100 Jenkins Ranch Rd                                      | 970-422-3830       | phone          |     | Anxiety, Mood, family conflict, trauma, EMDR, DBT, Play, Sand Tray, Art Therapy, Grief, Abuse, school coping  | <b>Medicaid</b> , BCBS, United, Aetna, Cigna, self-pay   |
| <b>La Plata Family Therapy</b><br><a href="http://www.laplatafamily.com">www.laplatafamily.com</a><br><a href="mailto:admin@laplatafamily.com">admin@laplatafamily.com</a><br>Hillary Wolfe (7+)<br>Katie Lundvall, LPC (15+)<br>Colin Ferring, Intern (12+)<br>Matt Aspros (15+)<br>Jen Kline, Intern (7+)<br>Laura Olaniyi (7+)<br>Emily Prigmore (15+) | 135 Burnett Dr Unit 4                                     | 970-769-0131 x 707 | Phone          | 7+  | Anxiety, Depression, Addiction, Life transitions, EMDR, PTSD, Trauma, Abuse, Divorce, Trauma, Coparenting, Grief, Sexual abuse, Defiance and behavior issues, Sensitivities, EMDR, Play Therapy, ABA  | <b>Medicaid</b> (CO and NM), RMHP, CHP+, Aetna/Meritain, Cigna, Anthem BCBS, UHC, Presbyterian, Self Pay |
| <b>Phoenix Rising, LSW</b><br><a href="http://www.theartofselfhealing.org">www.theartofselfhealing.org</a><br><a href="mailto:phoenix@theartofselfhealing.org">phoenix@theartofselfhealing.org</a>  | 48 CR 250, Suite 8 or telehealth                          | 720-312-3278       | Email          | 10+ | Late-diagnosed ADHD and/or Autistic, Gifted/Talented, Highly Sensitive People, LGBTQ+, BIPOC, Neurodivergent-identifying, Somatic therapy, Nervous system regulation, coping skill building, Lifestyle changes (ex: diet, exercise and sleep) | Self-pay, IMatter (6 free sessions), Second Wind Fund (12-20 free sessions)                              |
| <b>Jennifer Diethrich, LPC</b><br>Misty Mountain Therapy<br><a href="mailto:mistymountaintherapy@gmail.com">mistymountaintherapy@gmail.com</a><br>& Rio my therapy dog  | 100 Jenkins Ranch Road<br>Located at Riversage Counseling | 970-946-7002       | Phone or Email | 10+ | Solution Focused, CBT, EMDR, anxiety, depression, trauma, life transitions, school issues, relationships, self esteem, personal growth<br><b>Equine Assisted Psychotherapy</b>  | Self-Pay, <b>Medicaid</b> , CHP+   |
| <b>Denise Schenk, LPC</b><br><a href="http://www.deniseschenktherapy.com">www.deniseschenktherapy.com</a>   | Telehealth and office sessions<br>102 East 8th Suite #209 | 970-749-4049       | Phone or Email | 16+ | Body centered, somatic, Hakomi, Mindfulness, Trauma, EMDR, Addictions, Dual diagnosis, Mood disorders, Relationships, Life transitions, self-mastery, Couples   | Self-pay   |

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| <b>Stephanie Smith, LCSW, LAC</b><br>A Wild Hope Counseling<br><a href="http://www.awildhope.com">www.awildhope.com</a><br>stephanie@awildhope.com  | 1911 Main Avenue<br>Suite 248 Durango,<br>Telehealth | 970-426-5354 | Phone or<br>Email or Text | 11+      | Anxiety, Depression, Loss and grief,<br>Low self-esteem, Phase of life<br>issues, Family and relationship<br>challenges, and Substance use   | Self-pay, Sliding Scale  |
| <b>Kristin Spiegel</b><br>Intern- Nicholas Loeb<br><a href="mailto:playtherapy@nicholasloeb.org">playtherapy@nicholasloeb.org</a><br><br>Kristin is not accepting new clients at<br>this time but Nicholas is under<br>Kristin's supervision. | 434 Turner Drive<br>Suite 1<br>Durango, CO 81303     |              | Email                     | 3-13     | Child Centered Play Therapy working<br>with Trauma resulting in Anxiety,<br>Depression, Low Self Esteem, Family<br>Challenges and School Issues                                      | Sliding Scale  |
| <b>Brit Meiers</b><br><a href="mailto:brit@britneymeierslcsw.com">brit@britneymeierslcsw.com</a>  | 202 W 22nd St<br>Durango, CO                         | 970-903-8018 | Phone or<br>Email         | 13+      | Anxiety, Life Transitions, Grief,<br>Codependency, Coping Skills,<br>Depression, Peer Relationships,<br>Relationship Issues, Self Esteem,<br>Stress, Trauma, PTSD, Women's<br>Issues | BCBS/Anthem,<br>Medicaid, United,<br>Cigna, Aetna, Profile<br>EAP, and self-pay  |
| <b>Lindsay Stonecash-Bauer,<br/>LCSW</b>  | 2243 Main Ave  | 970-946-8002 | Phone or<br>Email or Text | All ages | LGBTQ+, Depression, Anxiety,<br>Trauma, Grief, Family therapy,<br>Parent support, EMDR, Mindfulness,<br>DBT, Eating disorders  | Self-pay, RMHP<br>( <b>Medicaid</b> , CHP+),<br>Anthem/BCBS  |
| <b>Miranda Day, LPC</b>   |  | 970-422-1761 | Phone or<br>Email         | 15+      | Chronic illness, Trauma,<br>Anxiety/depression, Relationships,<br>Personal growth, and Spirituality  | Pinnacol, Self pay,<br>Sliding Scale, Cigna,<br>Second Wind Fund,<br>Anthem, BCBS  |
| <b>Studio B</b> <a href="https://studiob.life/">https://studiob.life/</a>   | 1305 Escalante Dr.<br>#203                           | 970-422-1761 | Phone or<br>Email         | 2+       | Individuals, Couples, Groups,<br>Integrated health, EMDR   | Self-pay, Sliding scale,<br>Most insurances  |
| Megan Oberholtzer, PhD Clinical<br>Psychology Candidate   |  | 970-422-1761 | Phone or<br>Email         | 13+      | Cognitive behavioral Therapy,<br>anxiety, depression, PTSD, ADHD,<br>Mind/body health, Trauma, Mood<br>Disorders, Life Transition,<br>Adjustment Issues, Conduct<br>Disorders, EMDR  | Self pay, sliding scale,<br>BCBS, Aetna, Cofinity,<br>UHC, Cigna, Medicare,<br><b>Medicaid</b> , RMHP,<br>Friday, Optum, Second<br>Wind Fund |

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| Shari Fitzgerald, LPCC  |  | 970-422-1761 | Phone or Email | 15+ | Trauma, Sexual Assault, Grief, Relationships   | Self-pay, Sliding scale, BCBS, Medicare, <b>Medicaid</b> , RMHP, UHC, Cigna, Pinnacle, Second Wind Fund  |
| Lars Olson, PhD Clinical Psychology Candidate   |  | 970-422-1761 | Phone or Email | 10+ | Life Counseling, ADHD, Depression, Anxiety, Autism, Adoption, Foster families, Adults, Teens, Young Adults, Family, Suicide, family and parent training, DBT, ACT, and Cognitive behavior therapy.   | Self pay, sliding scale, UHC, Medicare, <b>Medicaid</b> , RMHP, Second Wind Fund   |
| Stacy Reuille-Dupont, PhD, LAC  |  | 970-422-1761 | Phone or Email | 16+ | PTSD & Trauma, Somatic Psychology, ADHD, Addiction, Disordered Eating Behavior, Dealing with Autoimmune Disorders, Depression/Anxiety, Hakomi/EMDR, Life balance, Weight Loss/Gain, Leadership Development, Personal Growth, Nutrition and Movement for Mental Health                      | BCBS, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacle, Friday Health, Coventry, Tricare, workers comp, Second Wind Fund |
| Joshua Coon, Ed.D, LPCC   |  | 970-422-1761 | Phone or Email | 10+ | Youth, Young Adults, Academic Intervention, Counseling, Academic Assessments   | Self pay, sliding scale, UHC, Medicare, <b>Medicaid</b> , RMHP, Second Wind Fund   |
| <b>Emily Wheeler, MFT</b><br>New Visions Counseling<br>emily@newvisionscounseling.com | 1600 Florida Road,<br>Durango, CO<br>81301 | 510-982-1804 | Email          | 13+ | Interventions/Specialties:<br>Individuals, Couples & Families.<br>PACT (Psychobiological Approach to Couples Counseling), AEDP (Accelerated Experiential Dynamic Psychotherapy), Narrative, Gestalt. Purpose/Meaning, Life transitions, Relationships, Conflict Resolution, Communication. | Self-pay, Will be able to take Medicaid and other plans in May 2024  |

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| <b>Holland Bozich LMFT, AT</b><br>Heal   Trauma & Family Therapy | 1309 E 3rd Ave,<br>Unit 8<br>Durango CO 81301 | 970-759-0363 |  | Adolescents, Young Adults, Families | Family Therapy, Art Therapy, Trauma, DBT | Self Pay |
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## Bayfield & Ignacio Therapists

| Name  | Address  | Phone        | Preferred Contact | Ages                               | Interventions/Specialties  | Payment Methods  |
|---|--|--------------|-------------------|------------------------------------|--|--|
| <b>Jessaca Cassady LCSW, LAC</b><br><a href="http://www.claritycounseling.solutions">www.claritycounseling.solutions</a><br><a href="mailto:jessaca.cassady@gmail.com">jessaca.cassady@gmail.com</a>  | <b>Bayfield</b><br>1328 CO Rd 501<br><b>Ignacio</b><br>405 Browning Ave.   | 970-903-3354 | Phone or Email    | 6+                                 | Family/Marriage, Addictions, Anxiety/Depression, CBT, DBT, Mindfulness, Trauma, EMDR, Christian Counseling   | <b>Medicaid</b> , Medicare, CHP+, Most Insurances, EAP's, Self Pay-Sliding Scale   |
| <b>Rachel Shockley, LCSW</b><br>(she/her, Licensed Clinical Social Worker)<br><a href="http://Rachelshockley.com">Rachelshockley.com</a><br><a href="mailto:rachel@rachelshockley.com">rachel@rachelshockley.com</a>  | <b>In Person:</b> Bayfield and Ignacio<br><br><b>Online:</b> Adults and older teens  | 970-444-2190 | Phone             | Potty Trained<br>3+ through adults | Play therapy and parent consultation for increased communication, emotional and behavior skills. Inclusive, strengths based counseling and coaching for teens and adults. Trained in mindfulness, CBT, DBT, EMDR, movement, art, ADHD. Anti-racist, Trans & LGBTQ+ friendly. | Self-pay, Sliding Scale, United, Aetna, Second Wind Fund   |
| <b>Southern Ute Health Center - Behavioral Health Division</b> – Variety of therapists available for all age groups<br>Website: <a href="http://southernute-nsn.gov">southernute-nsn.gov</a><br><a href="https://www.southernute-nsn.gov/tribal-health/behavioral-health">https://www.southernute-nsn.gov/tribal-health/behavioral-health</a> | <b>Physical Address:</b><br>4101 County Road 222,<br>Durango, CO 81303<br><br><b>Mailing:</b> PO Box 737,<br>#97 – Ignacio, CO 81137 | 970-563-5700 | Phone             | All ages                           | Intervention / Specialties: Serving Native Americans from any Federally Recognized Tribe; Substance Use Services; Mental Health therapy and Psychiatry services; In-person and Telehealth; Individual, couples and groups; Trauma; MAT / MOUD                                | Most insurance accepted, <b>Medicaid</b> , Medicare. If no third party insurance, services are free for all Native Americans who enroll as patients of the Southern Ute Health Center. |



## Pagosa Springs Therapists

| Name  | Address                                   | Phone        | Preferred Contact | Ages | Interventions/ Specialties                   | Payment Methods  |
|---|---|--------------|-------------------|------|--|--|
| <b>Kelly Pipkins-Burt, LPC</b>                              | 2800 Cornerstone Dr<br>Pagosa Springs, CO | 970-507-0436 |                   | 12+  | Anxiety, Depression, Integrated care, LGBTQ+ | <b>Medicaid</b> , United Healthcare/UMR, Cigna, Friday |
| <b>Authentic Solutions Consulting</b><br>Multiple providers | 2800 Cornerstone Dr<br>Pagosa Springs, CO | 970-398-0964 |                   | 5+   | Individual, family and group counseling      | Most insurance accepte                                 |

## Cortez & Norwood Therapists

| Name   | Address                       | Phone        | Preferred Contact | Ages     | Interventions/Specialties   | Payment Methods   |
|--|-------------------------------|--------------|-------------------|----------|---|---|
| <b>AXIS Health System</b>  | Cortez, CO (two days a week)  | 970-565-7946 | Phone             | All ages | Individual, Family, and Group therapy; Case Management  | <b>Medicaid</b> , Most other insurance (call to ask)  |
| <b>Mind Body Connections Counseling</b><br>Licensed in CO and UT<br><br>Russ Patten, LPC<br><a href="http://www.russpatten.com">www.russpatten.com</a> | 321 E. North St<br>Cortez, Co | 385-743-0251 | Email             | 18+      | Anxiety, Depression, Trauma, DBT, CBT, EMDR, Motivational Interviewing, Solutions Focused, Veterans | BCBS/Anthem , Behavioral Health Systems, Chip+ Plan ERS EAP, <b>Medicaid</b> , MultiPlan, Optum, RMHP, Second Wind Fund, TRIAD EAP, UMR |

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| Renee Podunovich, LPC<br><a href="http://www.reneepodunovich.com">www.reneepodunovich.com</a> | 202 W. North Street<br>Cortez, CO | 385-232-3671 | Email | 18+ | Women, Trauma, Grief and loss, Anxiety, Mood disorders, Life transitions, Mindful Self-Compassion Therapy, Somatic therapies, EMDR, Athletes and professionals performance. | BCBS/Anthem, Medicaid, Medicare, MultiPlan, Optum, RMHP, Second Wind Fund, UMR, UBH, Triwest, Tricare, Denver Health, Self-Pay, HSA |
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## Psychiatry (Medication)

| Name   | Address   | Phone                                | Preferred Contact | Ages     | Interventions/<br>Specialties  | Payment Methods  |
|--|---|--------------------------------------|-------------------|----------|--|--|
| <b>Alder Grove Wellness Group</b><br>Lisa Isenberg, PMHNP<br>www.aldergrovegroup.com | 231 S. Clover Suite 5<br>Bayfield, Co 81122         | 303-975-6142                         | Phone             | 5+       | Psychiatric Evaluations, Medication Management   | Self-pay, Sliding Scale, <b>Medicaid</b> , BCBS                  |
| <b>Perins Psychiatric Health</b><br>Jamie Knight APN                                 | 270 E 8 <sup>th</sup> Ave #203<br>Durango, CO 81301 | 970-247-0640                         |                   | 18+      | Psychiatric Evaluations, Medication Management   | Self-pay   |
| <b>La Plata Family Therapy</b><br>Emily Epstein                                      | Telehealth  | 970-769-0131<br>x 707                |                   | 16+      | Psychiatric Evaluations, Medication Management   | Self Pay   |
| <b>Sarah Alsgaard, DNP, APRN, PMHNP-BC</b><br>sarahalsgaard@durangopsychnp.com       | 270 E 8th Ave A - 206 Durango, CO 81301             | 970-764-0093<br>Fax:<br>970-510-7249 |                   | 14+      | Psychiatric Evaluations, Medication Management   | Self-pay   |
| <b>La Plata Family Counseling</b><br>Christopher Will, MSN, PMHNP-BC                 | 135 Burnett Dr, Durango, CO 81301                   | 970-769-0131                         |                   | All ages | Psychiatric Evaluations and Medication Management, Trauma, Depression, Suicide Ideation, ADHD, Schizophrenia, Bipolar disorder | Aetna, Cigna, Presbyterian, Magellan, <b>Medicaid</b> , Self-pay |

|  |                            |   |  |          |   |  |
|--|----------------------------|---|--|----------|---|--|
| <b>AXIS Health System</b><br>Christy De la Garza-Gilbert,<br>PMHNP<br><b>Must be seeing a therapist for all ages</b> | Durango,<br>Pagosa, Cortez | Durango:<br>970-259-2162<br>Cortez:<br>970-565-7946 |  | All ages | Psychiatric Evaluations,<br>Medication Management | <b>Medicaid only</b> , Must be seeing a therapist (does not have to be through Axis) |
|--|----------------------------|---|--|----------|---|--|

## Psychological Services (Testing)

| Name  | Address                                    | Phone        | Preferred Contact | Ages     | Interventions/Specialties   | Payment Methods                            |
|---|--|--------------|-------------------|----------|---|--|
| <b>Paula Coats, MS.Ed</b><br>pmcoatshjj@icloud.com  | Durango, CO<br>Bayfield, CO<br>Ignacio, CO | 573-999-4477 |                   | All Ages | IQ testing, Education evaluations, Developmental evaluations, Behavioral evaluations, In-classroom assessments, IEP support, Screening and evaluations for learning disorders | Self-pay (\$30/session)                    |
| <b>Dr Doug Miller, PsyD</b><br><a href="http://www.drdougmilller.com">www.drdougmilller.com</a> | 1099 Main Ave #319<br>Durango, CO          | 970-382-2680 |                   | 6+       | Parent counseling, LD Testing for kids 6+, Academic Assessments, Neurofeedback for children for anxiety, ADHD, Autism, LD   | Self-pay                                   |
| <b>JW Ragsdale, PsyD</b>  | Durango, CO                                | 970-247-2451 |                   | 16+      | Educational testing, Neuro-psych testing, ADHD, Closed head injuries  | Medicare, <b>Medicaid</b> , Most insurance |
| <b>Liberty School</b><br><a href="http://www.thelibertyschool.org">www.thelibertyschool.org</a> | Durango, CO                                | 970-385-4834 |                   | All ages | Dyslexia  | Self-pay                                   |
| <b>Valerie Chris Gage, MS. Ed, LED</b><br>Gagehouse@att.net                                     | Durango, CO                                | 972-849-2020 |                   | All ages | Licensed Educational Diagnostician, Evaluation and Compliance Specialist, Advocacy Services   | Self-pay                                   |

|   |  |              |                |          |   |                            |
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| <b>Sharpened Perceptions</b><br>Rachel Barnes, LCSW<br>Anna Layden, MS  | 2517 Delwood Ave.<br>Durango, CO       | 970-769-3006 | Email or Phone | All ages | Comprehensive educational testing, ADHD, assistance in creating 504 and IEP plans   | Self-pay                   |
| <b>Studio B</b><br>Shane Nelson, PsyD   | 1305 Escalante Dr. #203<br>Durango, CO | 970-422-1761 |                | All ages | Youth, Young Adults, Academic Intervention, Counseling, Academic Assessments  | Self-pay, Sliding scale    |
| <b>Whole Child Educational Evaluations</b><br>Jessica Iudiciani, MS/Ed.S.<br>www.wholechildeducationevaluations.com | 1075 Main Ave. #226<br>Durango, CO     | 970-615-0938 |                | All ages | Intelligence, achievement, and behavioral testing; learning disabilities, dyslexia, dysgraphia, dyscalculia, ADHD; Autism screening | Self-pay (\$2,200-\$2,700) |