

Durango Area Child & Adolescent Therapists

Name	Address	Phone	Ages	Interventions/Specialties	Payment Methods
Eileen Andricovich, LMFT admin@spiralsofeternity.com	Telehealth out of Durango	970-444-9185	16+	Relationship Issues, ADHD, Family Conflict	United, Anthem/BCBS, Aetna, Cigna, Self-pay
Cole Awdish, LPC www.coleawdish.com	954 E. 2nd Ave Suite 106 112 S Main St Suite 3 Mancos, CO	970-403-5488	16+	EMDR including EMDR intensives, DBT, Mindfulness-based CBT, Complex trauma (childhood abuse, relational trauma, etc.), Dissociation, Ego-state parts work	Self-pay, sliding scale
Axis Health System Community Mental Health Services CRISIS LINE: 970-247-5245 <i>Spanish speaking provider available</i>	281 Sawyer Dr	970-259-2162	All ages	Individual and Group therapy, Case Management, Vocational Rehabilitation	Medicaid , Sliding scale, most insurance
Gabriel Bernier, LPCC Fox & the Crow Counseling www.foxandcrowcounseling.com gabriel@foxandcrowcounseling.com	48 CR 250, Suite 8, Durango Telehealth available	970-426-5859	16+	Relationship issues, Life transitions, Anxiety, Depression, Existential issues, Men's issues, LGBTQ+, Gender & Sexual Identity	Self-pay, Sliding Scale
David Blau, MED Blau Counseling and Consulting Service		970-769-1040	13-22	Anxiety, Depression, Autism Spectrum, Relationship, Family, and School Issues. CBT, DBT, Reality Theory, Rational Emotive Behavior Therapy (REBT), Humanistic	Self-pay
Jo Ellen Bourg, LPC, OTC Optimum Counseling	1911 Main Ave Suite 234	970-903-4078	6+	Reality, CBT, Parenting, Certified Clinical Trauma Professional, Anxiety, Depression	Self-pay, Sliding scale
Laurie Boyer, LCSW Nurtured Counseling and Massage nurturedcounseling@gmail.com	100 Jenkins Ranch Road E6	970-551-6155	16+	Women's Issues, Pregnancy and Postpartum Support, Disordered Eating, Family Conflict, Grief, Anxiety, Personal Growth, Somatic Services, Trauma Recovery, Chronic Pain, Life transitions	Medicaid , CHP+, BCBS/Anthem, United, Optum, Aetna, Self-pay

<p>Tanya Furry, LPC My Joyful Expressions www.durangochildtherapy.com</p>	<p>484 Turner Dr, Building F, Suite 104</p>	<p>970-749-6971</p>	<p>Under 18</p>	<p>Play Therapy, Theraplay, Parent coaching for challenging behaviors</p>	<p>Medicaid, CHP+, RMHP, BCBS/Anthem, Profile EAP, and Mines and Associates EAP</p>
<p>Shayla Walker, LCSW Worthy Hearts, LLC and Aldergrove Wellness Group</p>	<p>555 Camino del Rio B2 Telehealth and 231 S. Clover Suite 5 Bayfield</p>	<p>970-759-8040 or 303-975-6142</p>	<p>4+</p>	<p>Anxiety, Depression, OCD, ADHD, play therapy, animal assisted therapy, art therapy, tele therapy, postpartum, teens</p>	<p>Self-pay, sliding scale, Medicaid, CHP and most insurances</p>
<p>Durango Family Therapy Brent Dixon, LPC, Renee Dixon, LSW Sierra Williamsen, MA, LPC Chelsi Hower, LPC Paige MacKenzie, LPCC www.durangofamilytherapy.com</p>	<p>2243 Main Ave, Suites #16, 18, and 20</p>	<p>970-422-7334</p>	<p>11+</p>	<p>Family, Couples, EMDR, Anxiety, Depression, Trauma, Grief, Transitions, Parenting support</p>	<p>Self-pay, EAPs, Sliding Scale</p>
<p>Lisa Firle, LPC, MA Lisafirle.com lisafirletherapy@gmail.com</p>	<p>128 W 14th Street Telehealth option</p>	<p>432-638-1468</p>	<p>16+</p>	<p>EMDR, Trauma, Anxiety, Family work and parent coaching</p>	<p>Sliding scale, self-pay.</p>
<p>Tracy Farmer, LCSW www.durangofamilycounseling.com</p>	<p>Durango</p>	<p>970-739-9438</p>	<p>10+</p>	<p>Adjustment, Divorce, Co-parenting, Step-parenting, Family therapy, Mediation, Parent coordination, Supervised visitation, PRE</p>	<p>Self-pay, Sliding scale</p>
<p>Colin Ferring, LPC Candidate Somatic Counseling ColinFerring.com</p>	<p>135 Burnett Dr, Durango, CO 81301</p>	<p>563-568-9855</p>	<p>14+</p>	<p>Anxiety, Depression, ADHD, Relationship issues, Trauma, Grief, Family work</p>	<p>Self-pay, Sliding scale starting at \$60</p>
<p>High Country Counseling, LLC Bridget Foster, LCSW, LAC KD Bryant, LPC Jamie DeNier, LCSW Dana Connor, LSW</p>	<p>Durango & Pagosa Springs</p>	<p>970-779-9072</p>	<p>5+</p>	<p>Trauma, Depression, Anxiety, Veterans, Parent Coaching, Supervised Therapeutic Visitation, Addiction, Transitions EMDR, DBT, CBT, Family Therapy</p>	<p>Self-Pay, Medicaid, CHP+, Cigna, Anthem/BCBS, United/UMR, TriWest, RMHP, Medicare</p>
<p>Nicole Fuller MA, DVAP, CAC III www.nicolefuller.com</p>	<p>1911 Main Ave #234</p>	<p>970-769-2435</p>	<p>10+</p>	<p>Anxiety, Depression, Substance Abuse, Parenting</p>	<p>Self-pay, Sliding scale</p>

Lauren Glass, LPCC, NCC www.laurenglassconsulting.com laurenglassconsluting@gmail.com	270 E 8th Ave Therapy Suite A-206 Durango	970-335-8161	16+	Life transitions, LGBTQIA+ folks, Depression, Trauma, Perfectionism, Outdoor accidents and recovery	Sliding scale, Open Path Collective Provider, Tri County BH Fund
The Grief Center of SW Colorado Judy Austin, LPC, LPC-S Julie Madden, MA Melinda Jameson, LPC Caleb Speas, LPC Julie Hutson, LPCC Mary Frey, LPCC Aaron Shipps, LPCC Anne Bartlett, LSW www.griefcenterswco.org griefcenterswco@gmail.com	2243 N Main Ave, Suite 4F Durango Telehealth option available	970-764-7142	All ages	Grief, Individual and Family Grief Therapy, Survivors of Suicide, Pre-Neo Natal Grief Support, GRASP group, Children's grief camps, Parenting grieving children support, Pet loss	Sliding scale, Some insurances and EAPS accepted (email or call to ask)
Amy Hackmeier, LCSW Family Dynamics, LLC	2243 West 22nd Suite #17	970-261-2633	All ages	Parent coaching, Autism, PTSD, Attachment, Relationship, Divorce	Self-pay, Sliding scale
Sean Hein, LCSW	2243 Main Ave #4B	970-446-1160	15+	Anxiety, Addiction, Bipolar Disorder, Depression, Family Conflict, Peer Relationships, Substance Use, Trauma, CBT, DBT, Structural Family Therapy	Medicaid , Self-pay
Julie Hutson, LPC julie@therapydurango.com www.TherapyDurango.com	2646 County Road 228 (By Elmore's Corner	970-880-4676	4+	Grief, Trauma, Wilderness Trauma, Complex Trauma, Life transitions, Anxiety, Depression, Self-esteem, relationships, Neurobiological approach, IFS, Attachment theory, CCTP.	Self-pay. Aetna, Cigna, UMR, United Healthcare, Oxford, Optum.
Tara Jackson, LPC, RPT-S www.tarajacksoncounseling.com Several interns and LPCC available who can take Medicaid and self pay.	Durango and Telehealth	970-799-0765	All ages	Developmental/Academic Concerns, ADHD, Grief and Loss, Family work, Anxiety, Depression, Transition & Adjustment, Attachment Issues, LGBTQ+, Trauma/ PTSD, Nuerodivergent concerns, Early Childhood Parenting support,, EMDR, Synergetic Play therapy, CBT/DBT, Somatic Therapies, Polyvagal	Aetna, Cigna, Meritain, RMHP, CHP+, Medicaid , Tricare, Self-pay
Melinda Jameson, LPC	128 W. 14 th St. #205	970-247-1444	5+	Grief, Loss	Medicaid , BCBS/Anthem, RMHP, CHP+, United/UMR

Jacqueline Juliana, LPC www.jjlp counselor.com	Telehealth out of Durango	970-519-2690	14+	Parent coaching, Family transitions, Anxiety, Depression, ADHD, Identity	BCBS, United/UMR, Cigna, Oscar, Oxford, Aetna, Self-pay
Mary Katherine, Ph.D, LAC, MAC	1911 Main Ave. Room 206	970-769-6907	12+	Motivational therapy, DBT, CBT, Trauma, Anxiety, Depression, PTSD, Addiction (substance use, gambling, etc.), Accudetox (acupuncture for mental health)	RMHP Medicare, Medicaid , CHP+, Triad EAP, Self-pay, Sliding scale, other insurances
KidStuff Counseling Rachel Alber, MSW, CSWC Cailea Eisenberg, MSW, SWC Mandy Sproul, MAAT, LPC, ATR Meleana Young, MA, LPCC Telehealth providers available www.kidstuffcounseling.co	555 S. Camino Del Rio, Suite C1-B	970-775-7061	All ages	Art, CBT, EMDR, Mindfulness, Experiential Play Trauma, Anxiety, Depression, Life Transitions, LGBTQ+, Self-esteem, Child, Teen, Adult	Self-pay, CHP+, RMHP, Medicaid , Beacon Health, Anthem/BCBS, Cigna, United/UMR
Erica Kelly, LCSW Mindful Listening mindful@ericakelly.org	Telehealth	970-317-0220	16+	CBT, DBT, Mindfulness, Solution focused, and Motivational Interviewing, Anxiety, Depression, Parenting, Life transitions, Grief, Divorce	Medicare, most insurance through Sondermind, EAP, Self-pay
Julie Kostuch, MA, LPC	128 W 14 th St, Suite 201B Durango	970-799-0807	2+	Children, Adolescents and Young Adults; Play therapy, Anxiety, EMDR, EFT, Mindfulness, Polyvagal, Art Therapy	CHP+, Medicaid , RMHP, BCBS/Anthem, most private insurance through Sondermind, Self-pay
Abby Kubicek, LCSW Durango Relationship Counseling abby@durangorelationshipcounseling.com	270 E 8th Ave A-206	970-403-5663	13+	Addictions, Couples CBT, DBT, Gottman, LGBTQ+, Sexual Health, Sex Therapy, Alternative Relationships	Self-pay
Felicia Libo, LPC http://felicialibo.com	Telehealth throughout Colorado	970-759-2678	17+	Life transitions, Women's Issues, Sensory Issues/High Sensitivity, Attention/Focus, ADHD, Anxiety, Autism, Relationships, LGBTQ+	Self-pay, Anthem/BCBS, United/UHC, EAP
Gaylene Ludwig, LPC lifeupdatedcounseling@gmail.com	100 Jenkins Ranch Rd, Unit E-1, Durango	970-216-5524	16+	Trauma, Childhood Abuse, Depression, Women's Issues, EMDR, Couples, Families	Medicaid , United, Aetna, RMHP, BCBS
Megan McCartney, LCSW	Durango, CO	847-445-2777	13+	Eating Disorders, Trauma, Anxiety, Depression, Self-harm	Self-pay

Paige MacKenzie, Ma, LPCC, NCC Storycreek Counseling paige@coloradocounselor.net		415-450-0329	12+	Grief, Trauma, CPTSD, Anxiety, Depression, Family and relationship issues, Humanistic Psychology, Person Centered Therapy, IFS, CBT, Motivational Interviewing	Self-pay, Sliding Scale
Brit Meiers, LCSW brit@britneymeierslcsw.com	202 W. 22nd St.	970-903-8018	13+	Anxiety, Depression, Trauma, Life transitions, Women's issues, LGBTQ+, Relationship issues, EMDR, SE, DBT, ACT	United, BSBC, Medicaid , Self-pay, Sliding scale
Kiira Moore, LPC, IMH-E® kiiramooreslpc@gmail.com	270 E 8th Ave, Suite 206, Durango	970-414-0803	Infant+	Perinatal issues, Postpartum, Attachment, Trauma, LGBTQ+, EMDR, Parent/child work, Depression/anxiety, Self-esteem, Synergetic Play Therapy	Self-pay
Caitlin Morris, LCSW trueselfdurango@gmail.com Trueselfdurango.com	679 E. 2nd Ave, Suite E-1, Office 6, Durango	970-508-6159	7+	Women's issues, Relational issues, Anxiety, Grief, Integrated Health, Trauma-informed yoga, EMDR	Self-pay
Kaitlyn O'Sullivan, LSC, LPCC kaitlynO@protonmail.com	Durango	918-720-5758	7+	Self-esteem, Social/peer issues, Family struggles, Adjusting to big life changes, LGBTQ+,	Medicaid , CHP+, Self-pay
Stephanie Pace, LCSW www.Pace-Wellness.com Stephanie@Pace-Wellness.com	48 CR 250, Suite 8	970-769-7522	12+	Mindfulness-based, Life transitions, Depression, Anxiety, Grief, Strengths-based, Body-centered, EFT, Biofeedback	Aetna, Anthem/BCBS, Cigna, United/UMR, Optum/United, TriWest
Chari Perce, LMFT Animas Valley Counseling	1911 Main Ave. & Telehealth	970-403-5860	6+	Attachment, Play Therapy, Parenting, Domestic Violence, Trauma, Anxiety, Depression, Family, EMDR, Brainspotting	Medicaid , Self-pay
Anna Pierotti, LPC www.MyAlpenglowTherapy.com	104 South Main Street Suite 3 Mancos	970-601-7978	12+	Autism, ADHD, Chronic illness/pain, anxiety, depression, and chronic stress; Group therapy options	Self-pay, Sliding scale, EAPs
Kelly Pipkins-Burt, LPC (Telehealth)	Telehealth out of Pagosa Springs and 2800 Cornerstone	970-507-0436	12+	DV, Depression, LGBTQ, Anxiety, Family, Trauma, DBT, Divorce, Parenting.	Self pay, Medicaid , UHC, Friday, Cigna
Rainbow Youth Center	Durango	970-844-4337	11-22	2SLGBTQIA+	Available through programs

Russ Pool, LPC www.russpool.com	1911 Main Ave #258	970-375-7777	15+	Relationships, Trauma, Family therapy, Anxiety, Depression, Transitions, EMDR, Motivated teens	Self-pay
Emily Prigmore, LSW www.highdesertpsychotherapy.com	Durango	970-764-7870	13+	Adolescence, Anxiety, Life Transitions, Anger Management, Behavioral Issues, Trauma, Abuse, Sexual Violence, CBT, DBT, Polyvagal	Self-pay
Pura Vida Shelley Nielsen, LCSW www.thrivingtherapyyoga.com https://puravidahealthcare.com	160 East 12th St, Suite 1	970-946-1383 970-426-1684	13+	Body-centered, IFS, Trauma-informed yoga, Yoga nidra, Healing Through Yoga Series for Adults, SASO Healing Trauma group facilitator	Self-pay, Sliding scale
Katy Pytte, LPC www.Katypytte.com kpytte00@gmail.com	2243 Main Ave #4C	970-903-4769	8-22	Anxiety, Depression, Family & School Issues, Divorce, Parenting issues, Trauma, Sex abuse, Play Therapy, EMDR, CBT, Therapy Dog	Medicaid , Tricare, BCBS, Assurant, CHP+, CIGNA, RMHP, Cofinity, Humana, Life Sync, Aetna, United/UMR, Friday
Jessica Reed, LCSW www.mountainmentalhealthclinic.com	Creekside Offices 2257 Main Ave	970-426-9221	4+	Depression, Anxiety, High Functioning Autism Spectrum, ADHD, Defiance and behavior issues, Trauma, Transgender, EFT, Hakomi, Play therapy, EMDR, Neurofeedback, Internal Family Systems	Self-pay, Anthem, Cofinity, Cigna, United
Lara Ristow LCSW	2855 Main Ave, A-104	970-946-2669	4+	Anxiety, Depression, Grief, Loss, Trauma, Medical Trauma, EMDR, Synergetic Play Therapy	Medicaid , RMHP, CHP+, United, BCBS, Aetna, Friday, Cigna, Optum
Paragon Behavioral Health Connections https://www.paragonbhc.org/ Haley Chatwin, MSW, SWC Mashi Salomon, Care Manager	In family home Telehealth	303-243-0270	All ages	Home-based youth and family support, Substance use, Trauma, Case management for access to resources	Medicaid , RMHP, CHP+, Self-pay
La Plata Family Therapy www.laplatafamily.com admin@laplatafamily.com Hillary Wolfe (7+) Katie Lundvall, LPC (15+) Colin Ferring, Intern (12+)	135 Burnett Dr Unit 4	970-769-0131 x 707	7+	Anxiety, Depression, Addiction, Life transitions, EMDR, PTSD, Trauma, Abuse, Divorce, Trauma, Coparenting, Grief, Sexual abuse, Defiance and behavior issues, Sensitivities, EMDR, Play Therapy, ABA	Medicaid (CO and NM), RMHP, CHP+, Aetna/Meritain, Cigna, Anthem BCBS, UHC, Presbyterian, Self Pay

Matt Aspros (15+) Jen Kline, Intern (7+) Laura Olaniyi (7+) Emily Prigmore (15+)					
Phoenix Rising, LSW www.theartofselfhealing.org phoenix@theartofselfhealing.org	48 CR 250, Suite 8 or telehealth	720-312-3278	10-24	ADHD, Autism, Highly Sensitive People, LGBTQ+, BIPOC, Neurodivergent-identifying, Solution focused, Nervous system recovery, coping skill building, Lifestyle changes (ex: diet, exercise and sleep)	Self-pay, IMatter (6 free sessions)
Riversage Family Counseling	100 Jenkins Ranch Road	970-422-3830	All ages	General phone for referrals and inquiries	Most insurances
Liz Shakford, LCSW	100 Jenkins Ranch Road	970-422-3830	All ages	CBT, Family conflict, Parent coaching, Child development, Stress, Child Abuse, Anger management	Self-pay, BCBS, Medicaid
Meghan Doenges, LPCC madoenges92@gmail.com	100 Jenkins Ranch Road	630-962-1305	16+	Anxiety, Depression, Existential concerns, Life transitions, Relationship difficulties, ACT, Jungian dream analysis, Mindfulness & somatic based therapy	Self-pay, Medicaid , BCBS
Doug Hunderman, M.Div.	100 Jenkins Ranch Road	970-764-0083	15+	Christianity, Pastoral Counseling, Couples, Family Conflict, Grief and Loss, Anxiety, Personal Growth	Self-pay
Randy Stueve, LPC randy@riversagecounseling.com	100 Jenkins Ranch Road	970-422-3830 x4	14+	Neurofeedback, Anxiety, ADD/ADHD	Self-pay, Sliding Scale
Jennifer Diethrich, LPC Misty Mountain Therapy mistymountaintherapy@gmail.com & Rio my therapy dog	100 Jenkins Ranch Road Located at Riversage Counseling	970-946-7002	10+	Solution Focused, CBT, EMDR, anxiety, depression, trauma, life transitions, school issues, relationships, self esteem, personal growth Equine Assisted Psychotherapy	Self-Pay, Medicaid , CHP+
Jenny Rogers, MS, ABP jenny@durangoadventuretherapy.com www.durangoadventuretherapy.com	213 Oxford Place	970-769-2563	11+	Adventure Therapy, Therapaddle (SUP), Talki'n and Tubi'n, Art Therapy	Self-Pay, Sliding scale

Denise Schenk, LPC www.deniseschenktherapy.com	Telehealth and office sessions 102 East 8th Suite #209	970-749-4049	13+	Body centered, somatic, Hakomi, Mindfulness, Trauma, EMDR, Addictions, Dual diagnosis, Mood disorders, Relationships, Life transitions, self-mastery, Couples	Self-pay
Morgan Seymour, LCSW Morganl.seymour@gmail.com	Telehealth out of Durango	970-844-4838	12+	Families, Couples, Tech addiction, Autism, Postpartum support, Depression, Anxiety, ADHD	Aetna, BCBS, Cigna, Friday, Optum, TriWest, UMR/United, Self-pay
Matt Smith, LPCC Collaborative Counseling winchestercounseling@gmail.com	2243 Main Ave	405-664-7519	10+	Trauma, Anxiety, Depression, ADHD, Autism Spectrum Disorder, Parent-child Conflict, Substance Use, ACT, Narrative	Self-Pay, Sliding scale
Stephanie Smith, LCSW, LAC A Wild Hope Counseling www.awildhope.com stephanie@awildhope.com	Telehealth	970-426-5354	13+	Anxiety, Depression, Loss and grief, Low self-esteem, Phase of life issues, Family and relationship challenges, and Substance use	Self-pay
Caleb Speas, LPCC Dropping In Counseling	755 East 2nd Avenue	970-903-4231	8+	Grief, Trauma, Anxiety	Self-Pay, Sliding scale
Alicia Spear, LSW aliciacspear@gmail.com	2243 Main Ave, #8	970-259-1046	0-18	Early childhood, Filial parent support, Grief, Anxiety, Trauma, Chronic illness	Self-pay, Medicaid , CHP+
Kristin Spiegel, LCSW	434 Turner Drive Suite 1 Durango	970-749-6139	3-7	Play Therapy, Family Therapy with young children, Synergetic Play Therapy, Neurosequential Model, Brainspotting, Clinical Supervision	Self-Pay
Lindsay Stonecash-Bauer, LCSW	2243 Main Ave	970-946-8002	All ages	LGBTQ+, Depression, Anxiety, Trauma, Grief, Family therapy, Parent support, EMDR, Mindfulness, DBT, Eating disorders	Self-pay, RMHP (Medicaid , CHP+), Anthem/BCBS
Sarah St. John LPCC Sarah St. John Counseling, Coaching, and Healing www.sarahstjohncounseling.com	Durango	970-946-8456	11+	Depression, Anxiety, Trauma, EMDR, Self-esteem, Identity, Parenting, Mindfulness, Navigating support in public schools (504 or IEP), Spirituality, LGBTQ, Relationship conflicts	Self-Pay

Lisa Turcott-Gutt, LPC lisagutt@gmail.com		970-426-8300	4+	Play Therapy, Child, Adolescent, Young Adult, Family, Trauma, Grief & Loss, Anxiety, Depression, Transition & Adjustment, Attachment Issues, LGBTQ+ supports, Body-centered Holistic Approach.	Self-pay, Sliding scale, BCBS, Medicare, Medicaid , RMHP, UHC, Cigna, Pinnacle, Second Wind Fund
Studio B https://studiob.life/	1305 Escalante Dr. #203	970-422-1761	2+	Individuals, Couples, Groups, Integrated health, EMDR	Self-pay, Sliding scale, Most insurances
Miranda Day, LPC			15+	Chronic illness, Trauma, Anxiety/depression, Relationships, Personal growth, and Spirituality	Pinnacle, Self Pay, Sliding scale, Cigna, Second Wind Fund, Anthem, BCBS
Megan Oberholtzer, PhD Clinical Psychology Candidate			13+	Cognitive behavioral Therapy, anxiety, depression, PTSD, ADHD, Mind/body health, Trauma, Mood Disorders, Life Transition, Adjustment Issues, Conduct Disorders, EMDR	Self pay, sliding scale, BCBS, Aetna, Cofinity, UHC, Cigna, Medicare, Medicaid , RMHP, Optum, Second Wind Fund
Shari Fitzgerald, LPCC			15+	Trauma, Sexual Assault, Grief, Relationships	Self-pay, Sliding scale, BCBS, Medicare, Medicaid , RMHP, UHC, Cigna, Pinnacle, Second Wind Fund
Lars Olson, PhD Clinical Psychology Candidate			10+	Life Counseling, ADHD, Depression, Anxiety, Autism, Adoption, Foster families, Adults, Teens, Young Adults, Family, Suicide, family and parent training, DBT, ACT, and Cognitive behavior therapy.	Self pay, sliding scale, UHC, Medicare, Medicaid , RMHP, Second Wind Fund
Haley Wiedenman, LPC			13+	Wilderness Therapy, Women, Abuse, Trauma, Grief, Depression, Anxiety, Domestic Violence, Couples, Family	Self-pay, Sliding scale, BCPS, Medicare, Medicaid , RMHP, UHC, Cigna, Second Wind Fund
Stacy Reuille-Dupont, PhD, LAC			16+	PTSD & Trauma, Somatic Psychology, ADHD, Addiction, Disordered Eating Behavior, Dealing with Autoimmune Disorders, Depression/Anxiety, Hakomi/EMDR, Life balance, Weight Loss/Gain, Leadership	BCBS, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacle, Coventry,

				Development, Personal Growth, Nutrition and Movement for Mental Health	Tricare, workers comp, Second Wind Fund
Joshua Coon, Ed.D, LPCC			10+	Youth, Young Adults, Academic Intervention, Counseling, Academic Assessments	Self pay, sliding scale, UHC, Medicare, Medicaid , RMHP, Second Wind Fund
Linza Vargas, LCSW www.holisticallyrootedcounseling.com	2243 Main Ave, Suite 3B	610-563-9758	13+	Somatic Experiencing, Polyvagal, Art Therapy, Anxiety, Depression, Trauma, Family Therapy, Play Therapy, Attachment Issues, Reparenting and Inner Child work	Self-Pay, Sliding scale
Julie Viscnich, LCSW, LAC	1053 Main Ave #109a	970-710-3894	15+	Life transitions, anxiety, self-esteem, families, trauma, Mood, interpersonal communication, hypnosis, emotional freedom technique	Self-pay
Western Skies Counseling www.westernskiescounseling.com Joseph Prekup, LPC joseph@westernskies.care Nancy Raffaele- Ilic, LPCC	2855 Main Ave #A103 1911 Main Avenue, Suite 246	970-281-5550 970-799-2202	16+ 13+	Cognitive Behavioral Therapy, Solution-focused, Narrative Therapy, Christian, Mood Disorders, Personality Disorders, Families Trauma, SI, Grief, Addictions, Self-harm, Depression, Anxiety, Psychosis, DID, Hallucinations, CBT, DBT, ACT, Client-centered	Self-pay, Sliding scale
Silas Wright, LPC silas@rhizomecounseling.com	2257 Main Avenue	720-441-4552	14+	Trauma, Pain management, Chronic Illness, Severe and Persistent Mental Illness, LGBTQ+, Mindfulness, DBT, Gestalt, IFS, EMDR, Young Adults, Veterans	Aetna, Optum, TriWest, UMR/United, Self-pay

Bayfield & Ignacio Therapists

Name	Address	Phone	Ages	Interventions/Specialties	Payment Methods
Jessaca Cassady LCSW, LAC www.claritycounseling.solutions jessaca.cassady@gmail.com	Bayfield 1328 Co Rd 501 Ignacio 405 Browning Ave.	970-903-3354	6+	Family/Marriage, Addictions, Anxiety/Depression, CBT, DBT, Mindfulness, Trauma, EMDR, Christian Counseling	Medicaid , Medicare, CHP+, Most Insurances, EAP's, Self Pay-Sliding Scale

Nicole Fuller MA, DVAP, CAC III www.nicolefuller.com	Bayfield Office 1327 Bayfield Parkway, Bayfield, CO	970-769-2435	10+	Anxiety, Depression, Substance Abuse, Parenting, Domestic Violence, Court Ordered, Grief, Transitions, Anger Management	Self-pay, Sliding Scale
Southern Ute Health Center - Behavioral Health Division – Variety of therapists available for all age groups Website: southernute-nsn.gov https://www.southernute-nsn.gov/tribal-health/behavioral-health	Physical Address: 4101 County Road 222, Durango, CO 81303 Mailing: PO Box 737, #97 – Ignacio, CO 81137	970-563-5700	All ages	Intervention / Specialties: Serving Native Americans from any Federally Recognized Tribe; Substance Use Services; Mental Health therapy and Psychiatry services; In-person and Telehealth; Individual, couples and groups; Trauma; MAT / MOUD	Most insurance accepted, Medicaid , Medicare. If no third party insurance, services are free for all Native Americans who enroll as patients of the Southern Ute Health Center.

Pagosa Springs Therapists

Name	Address	Phone	Ages	Interventions/ Specialties	Payment Methods
Sarah "Sam" Conti, MA, LPC, CAS, LLC	543 Park Ave. Pagosa Springs, CO & Telehealth	970-731-2114	12+	Cognitive Behavioral Therapy, Mindfulness Based Cognitive Therapy, Mediation, Intimate Partner Abuse, Divorce Counseling, Parent Education, Parent/Child Reunification Therapy, Child/Family Investigator, Parental Responsibility Evaluator, Supervised Therapeutic Visitation	Aetna, BCBS/Anthem, Cigna, United/UMR, Self-pay
Kelly Pipkins-Burt, LPC	2800 Cornerstone Dr Pagosa Springs, CO, Telehealth	970-507-0436	12+	DV, Depression, LGBTQ, Anxiety, Family, Trauma, DBT, Divorce, Parenting.	Medicaid , United Healthcare/UMR, Cigna, Friday
High Country Counseling, LLC Bridget Foster, LCSW, LAC KD Bryant, LPC	Durango & Pagosa Springs	970-779-9072	5+	Trauma, Depression, Anxiety, Veterans, Parent Coaching, Supervised Therapeutic Visitation, Addiction, Transitions EMDR, DBT, CBT, Family Therapy	Self-Pay, Medicaid , CHP+, Cigna, Anthem/BCBS, United/UMR, TriWest, RMHP, Medicare

Cortez & Norwood Therapists

Name	Address	Phone	Ages	Interventions/Specialties	Payment Methods
AXIS Health System	Cortez, CO (two days a week)	970-565-7946	All ages	Individual, Family, and Group therapy; Case Management	Medicaid , Most other insurance (call to ask)
Mind Body Connections Counseling Licensed in CO and UT Russ Patten, LPC www.russpatten.com	321 E. North St Cortez, Co	385-743-0251	12+	Anxiety, Depression, Trauma, DBT, CBT, EMDR, Motivational Interviewing, Solutions Focused, Veterans	BCBS/Anthem , Behavioral Health Systems, Chip+ Plan ERS EAP, Medicaid , MultiPlan, Optum, RMHP, Second Wind Fund, TRIAD EAP, UMR
Renee Podunovich, LPC www.reneepodunovich.com	321 E. North St Cortez, Co	385-232-3671	13+	Women, Trauma, Grief and loss, Anxiety, Mood disorders, Life transitions, Mindful Self-Compassion Therapy, Somatic therapies, EMDR, Athletes and professionals performance.	BCBS/Anthem , Behavioral Health Systems, Chip+ Plan ERS EAP, Medicaid , MultiPlan, Optum, RMHP, Second Wind Fund, TRIAD EAP, UMR
Nikki Gillespie www.nikkig-origins.com	18483 Hwy 145 Dolores, Colorado 81323	970-882-8850	18+	Body centered psychotherapy, Trauma coach, Somatic Bodyworker, Rolfer, Doula, Childbirth Educator and somatic sex educator	Self-Pay
The Grief Center of SW Colorado Judy Austin, LPC, LPC-S Mary Frey, LPCC www.griefcenterswco.org griefcenterswco@gmail.com	Downtown Cortez Telehealth option available	970-764-7142	All ages	Grief, Individual and Family Grief Therapy, Survivors of Suicide, Pre-Neo Natal Grief Support, GRASP group, Children's grief camps, Parenting grieving children support, Pet loss	Sliding scale, Some insurances and EAPS accepted (email or call to ask)
Thrive Wellness www.livethrivenow.com Elizabeth Davis, LCSW Mesa Owen, SWC	1555 Summit St. Norwood, CO 81423 Telehealth Available	970-759-0533	All ages	Trauma informed, Mindfulness, DBT, EMDR, ACT, IFS Informed. Skills-based treatment.	Most Insurances - Medicaid , Medicare, RMHP, Aetna, Anthem BCBS, UMR/UBH/Optum, Humana, Triad EAP

Psychiatry (Medication)

Name	Address	Phone	Ages	Interventions/ Specialties	Payment Methods
Alder Grove Wellness Group Lisa Isenberg, PMHNP www.aldergrovegroup.com	231 S. Clover Suite 5 Bayfield, Co 81122	303-975-6142	5+	Psychiatric Evaluations, Medication Management	Self-pay, Sliding Scale, Medicaid , BCBS
Perins Psychiatric Health Jamie Knight APN	270 E 8 th Ave #203 Durango, CO 81301	970-247-0640	18+	Psychiatric Evaluations, Medication Management	Self-pay
La Plata Family Therapy Emily Epstein	Telehealth	970-769-0131 x 707	16+	Psychiatric Evaluations, Medication Management	Self Pay
Sarah Alsgaard, DNP, APRN, PMHNP-BC sarahalsgaard@durangopsychnp.com	270 E 8th Ave A - 206 Durango, CO 81301	970-764-0093 Fax: 970-510-7249	14+	Psychiatric Evaluations, Medication Management	Self-pay
La Plata Family Counseling Christopher Will, MSN, PMHNP-BC	135 Burnett Dr, Durango, CO 81301	970-769-0131	All ages	Psychiatric Evaluations and Medication Management, Trauma, Depression, Suicide Ideation, ADHD, Schizophrenia, Bipolar disorder	Aetna, Cigna, Presbyterian, Magellan, Medicaid , Self-pay
Authentic Solutions Consulting Brittiany Newsome, FNP-C	2800 Cornerstone Drive Building B, Suite 201 Pagosa Springs, CO 81147/Telehealth	970-398-0964	All Ages	Medication management for Behavioral Health and Substance Use, Medication Assisted Therapies.	Most insurance accepted, Medicaid , BCBS/Anthem, Aetna, EAPs, United/UMR, Optum
AXIS Health System Christy De la Garza-Gilbert, PMHNP Must be seeing a therapist for all ages	Durango, Pagosa, Cortez	Durango: 970-259-2162 Cortez: 970-565-7946	All ages	Psychiatric Evaluations, Medication Management	Medicaid only , Must be seeing a therapist (does not have to be through Axis)

Psychological Services (Testing)

Name	Address	Phone	Ages	Interventions/Specialties	Payment Methods
Paula Coats, MS.Ed pmcoatshjj@icloud.com	Durango, CO Bayfield, CO Ignacio, CO	573-999-4477	All Ages	IQ testing, Education evaluations, Developmental evaluations, Behavioral evaluations, In-classroom assessments, IEP support, Screening and evaluations for learning disorders	Self-pay (\$30/session)
Dr Doug Miller, PsyD www.summitpsychology.net	1099 Main Ave # 319 Durango, CO	970-382-2680	2+	Parent counseling, Neurofeedback for children for anxiety, ADHD	Self-pay, Some Sliding Scale
JW Ragsdale, PsyD	Durango, CO	970-247-2451	16+	Psychological (ADHD, ASD, etc), Neuro-psych testing	Cigna, Anthem, Rocky Mountain
Liberty School www.thelibertyschool.org	Durango, CO	970-385-4834	All ages	Dyslexia	Self-pay
Valerie Chris Gage, MS. Ed, LED Gagehouse@att.net	Durango, CO	972-849-2020	All ages	Licensed Educational Diagnostician, Evaluation and Compliance Specialist, Advocacy Services	Self-pay
Sharpened Perceptions Rachel Barnes, LCSW Anna Layden, MS	2517 Delwood Ave. Durango, CO	970-769-3006	All ages	Comprehensive educational testing, ADHD, assistance in creating 504 and IEP plans	Self-pay
Studio B Shane Nelson, PsyD	1305 Escalante Dr. #203 Durango, CO	970-422-1761	All ages	Youth, Young Adults, Academic Intervention, Counseling, Academic Assessments	Self-pay, Sliding scale
Whole Child Educational Evaluations Jessica Iudiciani, PsyD	1075 Main Ave. #226 Durango, CO	970-615-0938	All ages	Intelligence, achievement, and behavioral testing; learning disabilities, dyslexia, dysgraphia, dyscalculia, ADHD; Autism educational screening	Self-pay (\$2,200-\$2,700)