

## Durango Child & Adolescent Therapists

Local therapists can also be found at [PsychologyToday.com](https://www.psychologytoday.com)

Name	Address	Phone	Preferred Contact	Ages	Interventions/Specialties	Payment Methods
<b>Amy Hackmeier, LCSW</b> Family Dynamics, LLC <a href="mailto:truefamilydynamics@gmail.com">truefamilydynamics@gmail.com</a>	2243 West 22nd Suite #17	970-261-2633	Phone or Email	All ages	Parent coaching, Autism, PTSD, Attachment, Relationship, Divorce, Foster care, ADHD, Anxiety, Depression	Self-pay, Sliding scale
<b>Amy Hartline, MA, LPCC</b> <b>Hartline Counseling, LLC</b>	2243 Main Avenue, Durango, CO	970-903-9031	Phone	Ages 12+	Family, Parenting, Co-Parenting, Divorce, Separation, Relationship Issues, Life Transitions, Anxiety, Depression, Attachment Concerns	Self-Pay
<b>Anna Pierotti, LPC, CMHC</b> <a href="http://www.MyAlpenglowTherapy.com">www.MyAlpenglowTherapy.com</a> Alpenglow Therapy	270 E College Drive, Unit #103, Durango Colorado 81301	970-345-3629	<a href="http://www.MyAlpenglowTherapy.com">www.MyAlpenglowTherapy.com</a> <a href="http://www.alpy.com">apy.com</a> (self schedule)	11+	EMDR, CBT, ACT. Depression, Anxiety, Chronic pain/illness, Trauma, Autism, ADHD	Employee Assistance Programs (EAP): Triad and Lyra, The Second Wind Fund (free therapy for adolescents at risk of suicide), Private Pay, and Sliding Scale
<b>Axis Health System</b> Community Mental Health Services <b>CRISIS LINE: 970-247-5245</b> <i>Spanish speaking provider available</i>	281 Sawyer Dr Durango, CO	970-259-2162	Phone	All ages	Individual and Group therapy, Case Management, Vocational Rehabilitation	<b>Medicaid</b> , Sliding scale, most insurance
<b>Brit Meiers, LCSW</b> <a href="mailto:brit@britneymeierslcsw.com">brit@britneymeierslcsw.com</a>	202 W 22nd St Durango, CO	970-903-8018	Phone or Email	13+	Anxiety, Life Transitions, Grief, Codependency, Coping Skills, Depression, Peer Relationships, Relationship Issues, Self Esteem, Stress, Trauma, PTSD, Women's Issues	BCBS/Anthem, <b>Medicaid</b> , United, Cigna, Aetna, Profile EAP, and self-pay

<p><b>Christine Trout MA, LPCC, BFA</b>  Licensed K-12 Educator  Christine Trout Counseling, LLC  christinetroutcounseling@outlook.com</p>	Durango, CO	970-403-5158 call/text  877-839-2679 fax	text/call	3 - 15	Intervention/Specialties, Synergetic Play Therapy level 1, Expressive Arts, Therapy, Grief/Loss, Anxiety, Adjustment/transitions/adjustments, Depression, Trauma/PTSD, Family Support, Child and Adolescent indirect and direct approaches	Self Pay, sliding scale, and <b>Medicaid</b> /CHP+ (soon).
<p><b>Denise Schenk, LPC</b>  <a href="http://www.deniseschenktherapy.com">www.deniseschenktherapy.com</a></p>	<b>Telehealth</b> and office sessions 102 East 8th Suite #209	970-749-4049	Phone or Email	16+	Body centered, somatic, Hakomi, Mindfulness, Trauma, EMDR, Addictions, Dual diagnosis, Mood disorders, Relationships, Life transitions, self-mastery, Couples	Self-pay
<p><b>Durango Family Therapy</b>  Brent Dixon, LPC,  Renee Dixon, LSW  Sierra Williamsen, MA, LPC  Chelsi Hower, LPC  Paige MacKenzie, LPCC  Jenn Hight, LPC  <a href="http://www.durangofamilytherapy.com">www.durangofamilytherapy.com</a></p>	2243 Main Ave, Suites #16, 18, and 20	970-422-7334	Phone and Email	11+	Family, Couples, EMDR, Anxiety, Depression, Trauma, Grief, Transitions, Parenting Support, LGBTQIA+	Self-pay, EAPs, Sliding Scale  Jenn accepts - BCBS, Aetna, Cigna
<p><b>Emily Wheeler, MFT</b>  New Visions Counseling  emily@newvisionscounseling.com</p>	1600 Florida Road, Durango, CO 81301	510-982-1804	Email	13+	Interventions/Specialties: Individuals, Couples & Families. PACT (Psychobiological Approach to Couples Counseling), AEDP (Accelerated Experiential Dynamic Psychotherapy), Narrative, Gestalt. Purpose/Meaning, Life transitions, Relationships, Conflict Resolution, Communication.	Self-pay, Will be able to take <b>Medicaid</b> and other plans in May 2024

<b>Felicia Libo, LPC</b> <a href="http://felicialibo.com">http://felicialibo.com</a>	Telehealth and telephone throughout Colorado	970-759-2678	Email, Website, Phone	17+	ADHD, Anxiety, Autism, Creativity/Expressive Arts, Depression, Grief, Health Issues, Highly Sensitive, Life Transitions, Neurodiversity, OCD, Relationships, Sensory Issues, Sleep, Stress, Substance Use, Trauma, Work/Vocation. Compassion-focused, neurodiversity-affirming, trauma-informed, LGBTQ+	Self-pay, sliding scale, Anthem/BCBS, Denver Health Elevate, United, Profile EAP, ComPsych EAP
<b>Gabriel Bernier, LPCC</b> Fox & the Crow Counseling <a href="http://www.foxandcrowcounseling.com">www.foxandcrowcounseling.com</a> gabriel@foxandcrowcounseling.com	48 CR 250, Suite 8, Durango, CO, <b>Telehealth available</b>	970-426-5859	Phone	16+	Relationship issues, Life transitions, Anxiety, Depression, Existential issues, Men's issues, LGBTQ+, Gender & Sexual Identity	Self-pay, Sliding Scale
<b>Gaylene Ludwig, LPC</b> lifeupdatedcounseling@gmail.com	2257 Main Ave, Durango	970-216-5524	Email, Website, Phone	13+	Trauma, Childhood Abuse, Depression, Anxiety, Women's Issues, EMDR, Couples, Families	<b>Medicaid</b> , United, Aetna, RMHP, BCBS
<b>High Country Counseling, LLC</b> HighCountryCounseling@gmail.com  Bridget Foster, LCSW, LAC (Durango, Pagosa) KD Bryant, LPC (Durango, kids and adults) Jamie DeNier, LCSW (Durango, kids and adults) Dana Connor, LSW (Durango, adults and tele-video only) Kim Domingo, LPCC (Pagosa, kids only)	1065 Main Avenue, Suite 206, Durango, CO 81301	970-779-9072	Text/Email	5 - Adult		TriWest, <b>Medicaid</b> , CHP+, Rocky Mountain Health Plans, United Healthcare, Anthem, Humana, Medicare
<b>Holland Bozich LMFT, AT</b> Heal   Trauma & Family Therapy	1309 E 3rd Ave, Unit 8 Durango CO 81301	970-759-0363		Adolescents, Young Adults, Families	Family Therapy, Art Therapy, Trauma, DBT	Self Pay

<b>Jacqueline Juliana, LPC</b> <a href="http://www.jjlp counselor.com">www.jjlp counselor.com</a> <a href="mailto:jjlp counselor@gmail.com">jjlp counselor@gmail.com</a>	Telehealth out of Durango	970-519-2690	Phone and Email	14+	Parent coaching, Family transitions, Anxiety, Depression, ADHD, Identity	BCBS, United/UMR, Cigna, Oscar, Oxford, Aetna, Self-pay
<b>Jennifer Diethrich, LPC</b> Misty Mountain Therapy <a href="mailto:mistymountaintherapy@gmail.com">mistymountaintherapy@gmail.com</a> & Rio my therapy dog	100 Jenkins Ranch Road Located at Riversage Counseling	970-946-7002	Phone or Email	10+	Solution Focused, CBT, EMDR, anxiety, depression, trauma, life transitions, school issues, relationships, self esteem, personal growth <b>Equine Assisted Psychotherapy</b>	Self-Pay, <b>Medicaid</b> , CHP+
<b>Jim Kavanaugh, Ph.D.</b> Licensed Psychologist <b>Sun &amp; Rain</b>  (Collaborative Relationships: Metis Center for Psychological Services, Grief Center of Southwest Colorado)	2243 N. Main Ave. Suite 4F Durango, CO 81301	970-8800013	Phone	Families, parents, young adults	Family and couple therapy. Parent consultation. Individual therapy for young and older adult men: anxiety, depression, executive functioning, life transitions	Accepting most insurances
<b>Julie Kostuch, MA, LPC</b>	128 W 14 <sup>th</sup> St, Suite 201B Durango	970-799-0807	Phone	3+	Children, Adolescents and Young Adults; Play therapy, Anxiety, EMDR, EFT, Mindfulness, Polyvagal, Art Therapy	CHP+, <b>Medicaid</b> , RMHP, BCBS/Anthem, most private insurance through Sondermind, Self-pay (iMatter offers 6 free sessions for youth up to age 17)
<b>Kelsey Kolz, LPCC</b> <a href="mailto:kelseympalmer20@gmail.com">kelseympalmer20@gmail.com</a> Mancos Valley Center for Trauma and Attachment	2243 Main Ave Durango, CO 81301	970-516-5070	email/text	14-55	Interventions: CBT, DBT, Attachment based, multicultural, person-centered, Solution focused. Specialties: PTSD, trauma, sexual trauma, anxiety, depression, ADHD	Cash, Visa, <b>Medicaid</b> , United Healthcare, Aetna, Optum, Rocky Mountain Health Plan, and UMR
<b>KidStuff Counseling</b> Rachel Alber, MSW, SWC Cailea Eisenberg, MSW, SWC Mandy Sproul, MAAT, LPC, ATR Meleana Young, MA, LPCC Telehealth providers available <a href="http://www.kidstuffcounseling.co">www.kidstuffcounseling.co</a>	555 S. Camino Del Rio, Suite C1-B Durango CO	970-775-7061	Phone	All ages	Art, CBT, EMDR, Mindfulness, Experiential Play Trauma, Anxiety, Depression, Life Transitions, LGBTQ+, Self-esteem, Child, Teen, Adult	Self-pay, CHP+, RMHP, <b>Medicaid</b> , Beacon Health, Anthem/BCBS, Cigna, United/UMR

<p><b>Kristin Spiegel, LCSW, RPT-S</b>  Licensed School Psychologist  Intern- Nicholas Loeb  <a href="mailto:playtherapy@nicholasloeb.org">playtherapy@nicholasloeb.org</a></p>	<p>434 Turner Drive  Suite 1  Durango, CO 81303</p>	<p>970-749-6139  301-602-8745</p>	<p>Phone or  Email</p>	<p>5-10</p>	<p>Child Centered Play Therapy,  Synergetic Play Therapy Techniques,  Trauma, Anxiety, Depression, Low  Esteem, Family Challenges, School  Issues</p>	<p>Sliding Scale  <b>Medicaid</b> Pending</p>
<p><b>La Plata Family Therapy</b>  <a href="http://www.laplatafamily.com">www.laplatafamily.com</a>  <a href="mailto:admin@laplatafamily.com">admin@laplatafamily.com</a></p> <p>Hillary Wolfe (all ages)  Colin Ferring (12+)  Matt Aspros (15+)  Jen Kline (3+)  Laura Olaniyi (15+ and parent coaching  all ages)  Sierra Foster (ABA 1-12)  Dr. April Phillips (Psychiatry all ages)  Emily Epstein (Psychiatry 17+)  Sarah Coburn (15+)  Sarah Tesher intern (3+)  Willow Ruth (16+)  Lily Breckner (15+ and couples therapy)  Chris Dooley intern (12+)</p>	<p>135 Burnett Dr, Unit  4 Durango</p>	<p>970-769-0131</p>		<p>18+</p>	<p>Anxiety, Depression, Addiction, Life  transitions, EMDR, PTSD,CBT, DBT,  Trauma, Abuse, Divorce,Coparenting,  Grief, Sexual abuse, Couples  Counseling, Personal growth, Play  Therapy, Parent Coaching, Filial  Therapy, Relationships,ADHD, Eating  Disorders, SBBT, ABA</p>	<p>CHP+, Colorado  Medicaid, all CO  Medicaid RAE's,  Rocky Mountain, New  Mexico Medicaid, Kiser,  TriWest, Aetna, Cigna,  United, UMR, BCBS  Colorado, BCBS New  Mexico, Presbyterian,  Elevate, Meritain,  Medicare, EAP's,  Optum, Cofinity,  Mertain, IMatter, (We  can bill any other  insurance Out of  Network) offer sliding  scale and self-pay as  well.</p>
<p><b>Lara Ristow LCSW</b>  lara@lararistowlcsw.net</p>	<p>2855 Main Ave.,  A-104  Durango, CO  81301</p> <p>Telehealth avail</p>	<p>970-946-2669</p>	<p>Phone</p>	<p>5-18 and  Young  Adult</p>	<p>Certified Synergetic Play Therapist,  trained in EMDR, EMDR sand tray  specialist through the AGATE  institute. Anxiety, depression, trauma  including PTSD, grief/loss, divorce  and family stress, transitions, school  challenges/stress, friendship issues,  self esteem, parent coaching and  family therapy.</p>	<p>Aetna, Anthem BC/BS,  other BC/BS plans,  Cigna, Friday, Colorado  <b>Medicaid</b>, Optum,  Triwest,  Unitedhealthcare,  CHP+, and self pay. I  am also a provider for  imatter Colorado  which provides 6 free  therapy sessions to  Colorado youth.</p>

<b>Lars Olson, PhD Clinical Psychology Candidate</b> Studio B <a href="https://studiob.life/">https://studiob.life/</a> bu@studiob.life	1305 Escalante Dr. #203 Durango CO	970-422-1761	phone/email	10+	Life Counseling, ADHD, Depression, Anxiety, Autism, Adoption, Foster families, Adults, Teens, Young Adults, Family, Suicide, family and parent training, DBT, ACT, and Cognitive behavior therapy.	Self pay, sliding scale, UHC, Medicare, <b>Medicaid</b> , RMHP, Second Wind Fund
<b>Laura Nelson, LPC</b> <a href="mailto:lnelson@lpcgov.org">lnelson@lpcgov.org</a>  Clinical Supervisor-DHS, Core Services	10 Burnett Ct, Durango, CO 81301	970-382-6136	Email	0-18	Play therapy, PCIT, life skills, DBT, EMDR	Services are free - must be provider referred
<b>Lindsay Stonecash-Bauer, LCSW</b>	2243 Main Ave	970-946-8002	Phone or Email or Text	All ages	LGBTQ+, Depression, Anxiety, Trauma, Grief, Family therapy, Parent support, EMDR, Mindfulness, DBT, Eating disorders	Self-pay, RMHP ( <b>Medicaid</b> , CHP+), Anthem/BCBS
<b>Lisa Turcott-Gutt MA LPC</b> <a href="https://www.therapyportal.com/p/lisagutt/">https://www.therapyportal.com/p/lisagutt/</a>	48 CR 250 suite 8 Durango 81301	970-426-8300	Email or text <a href="mailto:lisagutt@gmail.com">lisagutt@gmail.com</a>	0-18	Play Therapy, EMDR, Integrative Attachment Family Therapy (IAFT), Somatic/ Mindfulness, CBT to support issues with anxiety, adhd, neuro-diversity, depression, divorce, dysregulated behaviors, trauma, grief/loss, identity/self esteem, transition & adjustment & lgbtqia+ advocacy.	<b>Medicaid</b> , CHP+, United Healthcare private, Aetna (Meritain), BCBS, Second Wind Fund, iMatter, cash pay.
<b>Mancos Valley Center for Trauma and Attachment</b> Cole Awdish, LPC Danielle DiPiro, LPC Kelsey Kolz, LPCC Sarah Coburn, MSW, LSW Julie Hartline, LPCC (Intern) cole@mv-cta.com www.mv-cta.com	2243 Main Avenue Durango, CO 81301  104 S Main St Mancos, CO 81328	970-403-5488	<a href="https://www.therapyportal.com/p/mvcta/">https://www.therapyportal.com/p/mvcta/</a>  Schedule free consult through website or phone	8+	EMDR including EMDR intensives, DBT, Mindfulness-based CBT, Yoga - Based, Complex trauma (childhood abuse, relational trauma, etc.), Dissociation, Addiction, Ego state Parts Work	<b>Medicaid</b> , Medicare, Anthem, Aetna, Cigna, Elevate, UHC, UMR, RMHP, CHP+, Sliding-fee, Triwest (VA)

<b>Mariah Loftin MA, LPC</b> Wise Owl Counseling <a href="http://Wiseowlcounseling.com">Wiseowlcounseling.com</a>	Durango, CO 81301	720-587-7355	Email, Website, Phone	15+	Body-centered psychotherapy, Individual, Couples, and Family Therapy, Parent Coaching, Life Transitions, Grief, Trauma, Disordered Eating, OCD, Post-Traumatic Growth, DBT, Applied Behavior Analysis, Art therapy, Clinical Supervision, Couples and Family Intensive	Self Pay only
<b>Megan Oberholtzer, PhD Clinical Psychology Candidate</b> Studio B <a href="https://studiob.life/">https://studiob.life/</a> bu@studiob.life	1305 Escalante Dr. #203	970-422-1761	Phone or Email	13+	Cognitive behavioral Therapy, anxiety, depression, PTSD, ADHD, Mind/body health, Trauma, Mood Disorders, Life Transition, Adjustment Issues, Conduct Disorders, EMDR.	Self-pay, sliding scale, BCBS, Aetna, Cofinity, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Optum, Second Wind Fund
<b>Melinda Jameson, LPC</b>	128 W. 14 <sup>th</sup> St. #205 Durango, CO	970-247-1444	Phone	5+	Grief, Loss, Child loss (mothers)	<b>Medicaid</b> , BCBS/Anthem, RMHP, CHP+, United/UMR
<b>Miranda Day, LPC</b> Studio B <a href="https://studiob.life/">https://studiob.life/</a> bu@studiob.life	1305 Escalante Dr. #203	970-422-1761	Phone or Email	14+	Chronic illness, trauma, Women's issues, anxiety/depression, relationships, life transitions, grief and loss, personal growth, and spirituality and existential concerns, and clinical consultation.	Anthem, BCBS, Pinnacol, Self-pay, Sliding scale, Cigna, Second Wind Fund
<b>Momentum Counseling and Consulting, LLC</b> <a href="http://www.momentumcac.com">www.momentumcac.com</a>  Katherine McLain, M.A., LPCC  Randle Brooks, M.A., LPCC	2855 Main Ave Unit 105 Durango, CO 81301	970-316-2617  970-648-4128		Pre teen, Teen and Adult	Anxiety and Depression, Difficult Life Transitions, Grief and Loss, Attachment and Hereditary Trauma, Relationships, Somatic Therapy, CBT, DBT, ACT, EFIT, and mindfulness-based approaches	Accepting most insurances

<b>Paragon Behavioral Health Connections</b> <a href="https://www.paragonbhc.org/">https://www.paragonbhc.org/</a> Haley Chatwin, MSW, SWC Mashi Salomon, Care Manager	In family home <b>Telehealth</b>	303-243-0270	Online Referral	All ages	Home-based youth and family support, Substance use, Trauma, Case management for access to resources	<b>Medicaid</b> , RMHP, CHP+, Self-pay
<b>Phoenix Rising, MSW, LSW (Ze/Zir/Zirs or She/Her/Hers)</b> The Art of Self-Healing Center <a href="http://www.therapy-for-rebels.com">www.therapy-for-rebels.com</a> <a href="mailto:phoenix@therapy-for-rebels.com">phoenix@therapy-for-rebels.com</a>	48 CR 250, Suite 8 or telehealth	720-312-3278	Email	10+	Late-diagnosed ADHD and/or Autistic, Gifted/Talented, Highly Sensitive People, LGBTQ+, BIPOC, Neurodivergent-identifying, Somatic therapy, Nervous system regulation, coping skill building, Lifestyle changes (ex: diet, exercise and sleep)	Self-pay, IMatter (6 free sessions), Second Wind Fund (12-20 free sessions)
<b>Rainbow Youth Center</b>	Durango	970-844-4337	Phone	11-22	2SLGBTQIA+	Therapy available at no cost for individuals involved in other programs
<b>Riversage Family Counseling</b> Juniper Picolet, LPC (8+) Rohan Roy, LPCC (11+) Jennifer Diethrich, LPC (12+) Holly Brooks, LSW (15+) telehealth	100 Jenkins Ranch Rd	970-422-3830	phone		Anxiety, Mood, family conflict, trauma, EMDR, DBT, Play, Sand Tray, Art Therapy, Grief, Abuse, school coping	<b>Medicaid</b> , BCBS, United, Aetna, Cigna, self-pay
<b>Shari Fitzgerald, LPCC</b> Studio B <a href="https://studiob.life/">https://studiob.life/</a> bu@studiob.life	1305 Escalante Dr. #203 Durango CO	970-422-1761	phone/email	16+	Trauma, Sexual Assault, Grief, Relationships	Self-pay, Sliding scale, BCBS, Medicare, <b>Medicaid</b> , RMHP, UHC, Cigna, Pinnacle, Second Wind Fund



<b>Stacy Reuille-Dupont, PhD, LAC</b> Studio B <a href="https://studiob.life/">https://studiob.life/</a>	1305 Escalante Dr. #203	970-422-1761	Phone or Email	16+	PTSD & Trauma, Somatic Psychology, ADHD, Addiction, Disordered Eating Behavior, Dealing with Autoimmune Disorders, Depression/Anxiety, Hakomi/EMDR, Life balance, Weight Loss/Gain, Leadership Development, Personal Growth, Nutrition and Movement for Mental Health	BCBS, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Friday Health, Coventry, Tricare, workers comp, Second Wind Fund
<b>Stephanie Smith, LCSW, LAC</b> A Wild Hope Counseling <a href="http://www.awildhope.com">www.awildhope.com</a> stephanie@awildhope.com	1911 Main Avenue Suite 248 Durango, Telehealth	970-426-5354	Phone or Email or Text	11+	Anxiety, Depression, Loss and grief, Low self-esteem, Phase of life issues, Family and relationship challenges, and Substance use	Self-pay, Sliding Scale, insurance through Sondermind
<b>Studio B</b> <a href="https://studiob.life/">https://studiob.life/</a>	1305 Escalante Dr. #203	970-422-1761	Phone or Email	2+	Individuals, Couples, Groups, Integrated health, EMDR	Self-pay, Sliding scale, Most insurances
<b>Tanya Furry, LPC</b> My Joyful Expressions <a href="http://www.durangochildtherapy.com">www.durangochildtherapy.com</a>	484 Turner Dr., Building F, Suite 104	970-749-6971	Email	Under 18	Play Therapy, Theraplay, Parent coaching for challenging behaviors	<b>Medicaid</b> , CHP+, RMHP, BCBS/Anthem, Profile EAP, Mines & Associates EAP
<b>Tara Jackson Wholistic Therapy</b> <b>Tara Jackson, LPC, RPT-S</b> <a href="http://www.tarajacksoncounseling.com">www.tarajacksoncounseling.com</a> <b>Several interns and LPCC available who can take Medicaid and Self Pay</b>	Durango CO and <b>telehealth</b>	970-799-0765  970-403-5158	Email	All ages	Developmental/Academic Concerns, ADHD, Grief and Loss, Family work, Anxiety, Depression, Transition & Adjustment, Attachment Issues, LGBTQ+, Trauma/ PTSD, Nuerodivergent concerns, Early Childhood Parenting support, EMDR, Synergetic Play therapy, CBT/DBT, Somatic Therapies, Polyvagal	Aetna, Cigna, Meritain, RMHP, CHP+, <b>Medicaid</b> , Tricare, Self-pay

<b>The Grief Center of SW Colorado</b> Judy Austin, LPC, LPC-S Julie Madden, MA Melinda Jameson, LPC Caleb Speas, LPC Julie Hutson, LPC Mary Frey, LPCC Aaron Shipps, LPCC <a href="http://www.griefcenterswco.org">www.griefcenterswco.org</a> <a href="mailto:griefcenterswco@gmail.com">griefcenterswco@gmail.com</a>	2243 N Main Ave, Suite 4F Durango  <b>Telehealth option available</b>	970-764-7142	Phone	All ages	Grief, Individual and Family Grief Therapy, Survivors of Suicide, Pre-Neo Natal Grief Support, GRASP group, Children's grief camps, Parenting grieving children support, Pet loss	Sliding scale, Some insurances and EAPS accepted (email or call to ask)
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## Bayfield & Ignacio Therapists

Name	Address	Phone	Preferred Contact	Ages	Interventions/Specialties	Payment Methods
<b>Jessaca Cassady LCSW, LAC</b> <a href="http://www.claritycounseling.solutions">www.claritycounseling.solutions</a> <a href="mailto:jessaca.cassady@gmail.com">jessaca.cassady@gmail.com</a>	<b>Bayfield</b> 1328 CO Rd 501 <b>Ignacio</b> 405 Browning Ave.	970-903-3354	Phone or Email	6+	Family/Marriage, Addictions, Anxiety/Depression, CBT, DBT, Mindfulness, Trauma, EMDR, Christian Counseling	<b>Medicaid</b> , Medicare, CHP+, Most Insurances, EAP's, Self Pay-Sliding Scale
<b>LeAnn R. Shaw MA LMFT</b> <b>Envision Therapy Solutions</b> <b>Alder Grove Health Services</b> lshaw@aldergrovegroup.com  <b>Rebecca Ledford, LSW</b> <b>Envision Therapy Solutions</b> <a href="mailto:becca.ets@gmail.com">becca.ets@gmail.com</a>	231 S. Clover Suite 5 Bayfield, CO 81122  231 S. Clover Suite 5 Bayfield, CO 81122	720-408-1505 DIRECT/TEXT Office Number  970-232-2148	Call Sara at 303-975-614 2 for scheduling  Email	6 - Adult  0-30	ADHD, Anxiety, Developmental Disorders, Expertise, Asperger's Syndrome, Autism, Behavioral Issues Bipolar Disorder, Child, Child Developmental, Behavior Challenges, Codependency, Coping Skills, Depression, Divorce, Domestic Abuse, Dual Diagnosis, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Grief, Impulse Control Disorders, Infertility, Infidelity, Life Transitions, Marital and Premarital, Mood Disorders, Obsessive-Compulsive (OCD), Parenting, Psychosis, Relationship Issues, School Challenges, School Issues, Self Esteem, Self-Harming, Sleep or Insomnia, Spirituality, Stress, Suicidal Ideation, Thinking Disorders Trauma, PTSD and Veterans	<b>Medicaid</b> , Optum, UnitedHealthcare, UHC, UBH  <b>Medicaid</b> and Self-Pay

<b>Nicole Fuller MA, CAS, DVAP, DUI Provider</b> <b>Aldergrove Counseling</b> <a href="mailto:nicolevan123@msn.com">nicolevan123@msn.com</a> <a href="http://aldergrovegroup.com/our-team">aldergrovegroup.com/our-team</a> <a href="http://psychologytoday.com">psychologytoday.com</a>	231 South Clover Drive Ste; 5 Bayfield CO 81122	970-769-2435	Phone or Email	15+	See website for expertise <a href="https://www.aldergrovegroup.com/our-team/therapists/nicole-fuller/">https://www.aldergrovegroup.com/our-team/therapists/nicole-fuller/</a>	Self-pay, Sliding scale
<b>Rachel Shockley, LCSW</b> <a href="http://Rachelshockley.com">Rachelshockley.com</a> <a href="mailto:rachel@rachelshockley.com">rachel@rachelshockley.com</a>	<b>In Person:</b> Bayfield and Ignacio  <b>Online:</b> Adults and older teens	970-444-2190	Phone	Potty Trained 3+ through adults	Play therapy and parent consultation for increased communication, emotional and behavior skills. Inclusive, strengths based counseling and coaching for teens and adults. Trained in mindfulness, CBT, DBT, EMDR, movement, art, ADHD. Anti-racist, Trans & LGBTQ+ friendly.	Self-pay, Sliding Scale, United, Aetna, Second Wind Fund
<b>Southern Ute Health Center - Behavioral Health Division</b> – Variety of therapists available for all age groups Website: <a href="http://southernute-nsn.gov">southernute-nsn.gov</a> <a href="https://www.southernute-nsn.gov/tribal-health/behavioral-health">https://www.southernute-nsn.gov/tribal-health/behavioral-health</a>	<b>Physical Address:</b> 4101 County Road 222, Durango, CO 81303  <b>Mailing:</b> PO Box 737, #97 – Ignacio, CO 81137	970-563-5700	Phone	All ages	Intervention / Specialties: Serving Native Americans from any Federally Recognized Tribe; Substance Use Services; Mental Health therapy and Psychiatry services; In-person and Telehealth; Individual, couples and groups; Trauma; MAT / MOUD	Most insurance accepted, <b>Medicaid</b> , Medicare. If no third party insurance, services are free for all Native Americans who enroll as patients of the Southern Ute Health Center.

## Pagosa Springs Therapists

Name	Address	Phone	Preferred Contact	Ages	Interventions/ Specialties	Payment Methods
<b>Kelly Pipkins-Burt, LPC</b>	2800 Cornerstone Dr Pagosa Springs, CO	970-507-0436		12+	Anxiety, Depression, Integrated care, LGBTQ+, marital counseling and family.	<b>Medicaid</b> , United Healthcare/UMR, Peak.

<b>Authentic Solutions Consulting</b> Multiple providers	2800 Cornerstone Dr Pagosa Springs, CO	970-398-0964		5+	Individual, family and group counseling	Most insurance accepted
<b>High Country Counseling, LLC</b> HighCountryCounseling@gmail.com  <b>Bridget Foster, LCSW, LAC</b> (Durango, Pagosa) <b>Kim Domingo, LPCC</b> (Pagosa, kids only)	1065 Main Avenue, Suite 206, Durango, CO 81301	970-779-9072	Text/Email	5 - Adult		TriWest, <b>Medicaid</b> , CHP+, Rocky Mountain Health Plans, United Healthcare, Anthem, Humana, Medicare

## Cortez & Norwood Therapists

Name	Address	Phone	Preferred Contact	Ages	Interventions/Specialties	Payment Methods
<b>AXIS Health System</b>	Cortez, CO (two days a week)	970-565-7946	Phone	All ages	Individual, Family, and Group therapy; Case Management	<b>Medicaid</b> , Most other insurance (call to ask)
<b>Mind Body Connections Counseling</b>  Russ Patten, LPC <a href="http://www.russpatten.com">www.russpatten.com</a> Licensed in CO and UT	321 E. North St Cortez, Co	385-743-0251	Email	18+	Anxiety, Depression, Trauma, DBT, CBT, EMDR, Motivational Interviewing, Solutions Focused, Veterans	BCBS/Anthem , Behavioral Health Systems, Chip+ Plan ERS EAP, <b>Medicaid</b> , MultiPlan, Optum, RMHP, Second Wind Fund, TRIAD EAP, UMR

<b>Renee Podunovich, LPC</b> <a href="http://www.reneepodunovich.com">www.reneepodunovich.com</a>	202 W. North Street Cortez, CO	385-232-3671	Email	18+	Women, Trauma, Grief and loss, Anxiety, Mood disorders, Life transitions, Mindful Self-Compassion Therapy, Somatic therapies, EMDR, Athletes and professionals performance.	BCBS/Anthem, <b>Medicaid</b> , Medicare, MultiPlan, Optum, RMHP, Second Wind Fund, UMR, UBH, Triwest, Tricare, Denver Health, Self-Pay, HSA
<b>Mancos Valley Center for Trauma and Attachment</b> Cole Awdish, LPC Danielle DiPiro, LPC Kelsey Kolz, LPCC Sarah Coburn, MSW, LSW Julie Hartline, LPCC (Intern) cole@mv-cta.com www.mv-cta.com	2243 Main Avenue Durango, CO 81301  104 S Main St Mancos, CO 81328	970-403-548 8	<a href="https://www.therapyportal.com/p/mvcta/">https://www.therapyportal.com/p/mvcta/</a>  Schedule free consult through website or phone	8+	EMDR including EMDR intensives, DBT, Mindfulness-based CBT, Yoga - Based, Complex trauma (childhood abuse, relational trauma, etc.), Dissociation, Addiction, Ego state Parts Work	<b>Medicaid</b> , Medicare, Anthem, Aetna, Cigna, Elevate, UHC, UMR, RMHP, CHP+, Sliding-fee, Triwest (VA)

### **\*\*Qualification Acronyms\*\***

Fully licensed providers who have completed all supervised clinical hours: LPC (Licensed Professional Counselor), LCSW (Licensed Clinical Social Worker), LMFT (Licensed Marriage and Family Therapist), PhD (Licensed psychologist)

Providers who are required to practice under clinical supervision and hold a provisional license: LSW (Licensed Social Worker), SWC (Clinical Social Work Candidate), LPCC (Licensed Professional Counselor Candidate)

Additional acronyms: RPT (Registered Play Therapist), MSW (Master of Social Work), LAC (Licensed Addiction Counselor)