

Durango Child & Adolescent Therapists

Name	Address	Phone	Ages	Interventions/Specialties	Payment Methods
Eileen Andricovich, LMFT admin@spiralsofeternity.com	Telehealth out of Durango	970-444-9185	16+	Relationship Issues, ADHD, Family Conflict	United, Anthem/BCBS, Aetna, Cigna, Self-pay
Cole Awdish, LPC www.coleawdish.com	954 E. 2nd Ave Suite 106	970-403-5488	16+	EMDR including EMDR intensives, DBT, Mindfulness-based CBT, Complex trauma (childhood abuse, relational trauma, etc.), Emotion dysregulation, Anxiety	Self-pay
Axis Health System Community Mental Health Services CRISIS LINE: 970-247-5245 <i>Spanish speaking provider available</i>	281 Sawyer Dr	970-259-2162	All ages	Individual and Group therapy, Case Management, Vocational Rehabilitation	Medicaid , Sliding scale, most insurance
Gabriel Bernier, LPCC Fox & the Crow Counseling www.foxandcrowcounseling.com gabriel@foxandcrowcounseling.com	2243 Main Ave #4H Telehealth available	970-426-5859	16+	Relationship issues, Life transitions, Anxiety, Depression, Existential issues, Men's issues, LGBTQ+, Gender & Sexual Identity	Self-pay, Sliding Scale
David Blau, MED Blau Counseling and Consulting Services	102 E. 8 th Street #218	970-769-1040	11-22	Anxiety, Depression, Autism Spectrum, Relationship, Family, and School Issues. CBT, Reality Theory, Rational Emotive Behavior Therapy (REBT), Humanistic	Self-pay
Jo Ellen Bourg, LPC, OTC Optimum Counseling	1911 Main Ave Suite 234	970-903-4078	6+	Reality, CBT, Parenting, Certified Clinical Trauma Professional, Anxiety, Depression	Self-pay, Sliding scale
Jeni Breezley, LPC, NCC Clear Water Counseling www.clearwaterdurango.com jeni@clearwaterdurango.com	2243 Main Ave, Suite 4H	303-579-4104	17+	Anxiety, Depression, Relationship issues, Sexual identity, Life transitions, Women's issues, Eating disorders, Existential issues, ACT, Mindfulness, Dreamwork, Sand tray, Jungian, Narrative	Aetna, United Healthcare, Self-pay
Tanya Furry, LPC My Joyful Expressions www.durangochildtherapy.com	484 Turner Dr., Building F, Suite 104	970-749-6971	Under 18	Play Therapy, Theraplay, Parent coaching for challenging behaviors	Medicaid , CHP+, RMHP, BCBS/Anthem, Profile EAP, and Mines and Associates EAP

Shayla Walker, LCSW Worthy Hearts, LLC and Aldergrove Wellness Group	555 Camino del Rio B2 Telehealth and 231 S. Clover Suite 5 Bayfield	970-759-8040 or 303-975-6142	4+	Anxiety, Depression, OCD, ADHD, play therapy, animal assisted therapy, art therapy, tele therapy, postpartum, teens	Self-pay, sliding scale, Medicaid , CHP, and most insurances
Durango Family Therapy Brent Dixon, LPC, Renee Dixon, LSW Sierra Williams, LPC Chelsi Hower, LPC www.durangofamilytherapy.com	2243 Main Ave, Suites #16, 18, and 20	970-422-7334	12+	Family, EMDR, Anxiety, Depression, Trauma, Grief, Transitions, Parenting support	Self-pay, EAPs
Tracy Farmer, LCSW www.durangofamilycounseling.com	Durango	970-739-9438	10+	Adjustment, Divorce, Co-parenting, Step-parenting, Family therapy, Mediation, Parent coordination, Supervised visitation, PRE	Self-pay, Sliding scale
Nicole Fuller MA, DVAP, CAC III www.nicolefuller.com	1911 Main Ave #234	970-769-2435	10+	Anxiety, Depression, Substance Abuse, Parenting	Self-pay, Sliding scale
High Country Counseling Dana Conner, LSW highcountrycounseling@gmail.com	Telehealth only	970-779-9072	13+	Anxiety, Depression, Adjustment, Transitions	Medicaid
The Grief Center of SW Colorado Judy Austin, LPC, LPC-S Julie Madden, MA Melinda Jameson, LPC Caleb Speas, LPC Julie Hutson, LPCC Paige MacKenzie, LPCC Anne Bartlett, LSW www.griefcenterswco.org griefcenterswco@gmail.com	2243 N Main Ave, Suite 4F Durango Telehealth option available	970-764-7142	All ages	Grief, Individual and Family Grief Therapy, Survivors of Suicide, Pre-Neo Natal Grief Support, GRASP group, Children's grief camps, Parenting grieving children support, Pet loss, <i>Spanish speaking provider available</i>	Sliding scale, some insurances accepted (email or call to ask)
Amy Hackmeier, LCSW Family Dynamics, LLC	2243 West 22nd Suite #17	970-261-2633	All ages	Parent coaching, Autism, PTSD, Attachment, Relationship, Divorce	Self-pay, Sliding scale

Sean Hein, LCSW	2243 Main Ave #4B	970-446-1160	15+	Anxiety, Addiction, Bipolar Disorder, Depression, Family Conflict, Peer Relationships, Substance Use, Trauma, CBT, DBT, Structural Family Therapy	Medicaid , Self-pay
Julie Hutson, LPCC julie@therapydurango.com www.TherapyDurango.com	2646 County Road 228	970-880-4676	5+	Grief, Trauma, Life transitions, Anxiety, Depression, Suicide loss survivors, Attachment difficulties, Developmental delays, Art, Play	Self-pay, sliding scale
Melinda Jameson, LPC	128 W. 14 th St. #205	970-247-1444	5+	Grief, Loss	Medicaid , BCBS/Anthem, RMHP, CHP+, United/UMR
Jacqueline Juliana, LPC www.jjlpccounselor.com	Telehealth out of Durango	970-519-2690	14+	Parent coaching, Family transitions, Anxiety, Depression, ADHD, Identity	BCBS, United/UMR, Cigna, Oscar, Oxford, Aetna, Self-pay
Mary Katherine, Ph.D, LAC, MAC	1911 Main Ave. Room 206	970-769-6907	12+	Motivational therapy, DBT, CBT, Trauma, Anxiety, Depression, PTSD, Addiction (substance use, gambling, etc.), Accudetox (acupuncture for mental health)	RMHP Medicare, Medicaid , CHP+, Triad EAP, Self-pay, Sliding scale, other insurances
KidStuff Counseling Rachel Alber, MSW, CSWC Cailea Eisenberg, MSW, SWC Heidi Compagni, SWC Mandy Sproul, MAAT, LPC, ATR Telehealth providers available www.kidstuffcounseling.co	555 S. Camino Del Rio, Suite C1-B	970-775-7061	All ages	Art, CBT, EMDR, Mindfulness, Experiential Play Trauma, Anxiety, Depression, Life Transitions, LGBTQ+, Self-esteem, Child, Teen, Adult	Self-pay, CHP+, RMHP, Medicaid , Beacon Health, Anthem/BCBS, Cigna, United/UMR
Erica Kelly, LCSW Mindful Listening mindful@ericakelly.org	Telehealth	970-676-2571	12+	CBT, DBT, Mindfulness, Solution focused, and Motivational Interviewing, Anxiety, Parenting, Life transitions	Medicare, most insurance through Sondermind, Self-pay
Julie Kostuch, MA, LPC	128 W 14 th St, Suite 201B Durango	970-799-0807	2+	Children, Adolescents and Young Adults; Play therapy, Anxiety, EMDR, EFT, Mindfulness, Polyvagal, Art Therapy	CHP+, Medicaid , RMHP, BCBS/Anthem, most private insurance through Sondermind, Self-pay
Abby Kubicek, LCSW Durango Relationship Counseling abby@durangorelationshipcounseling.com	270 E 8th Ave A- 206	970-403-5663	13+	Addictions, Couples CBT, DBT, Gottman, LGBTQ+, Sexual Health, Sex Therapy, Alternative Relationships	Self-pay

Felicia Libo, LPC http://felicialibo.com	Durango	970-759-2678	17+	Life transitions, Women's Issues, Sensory Issues/High Sensitivity, Attention/Focus, ADHD, Anxiety, Autism, Relationships, LGBTQ+	Self-pay, Anthem/BCBS, EAP
Gaylene Ludwig, LPC lifeupdatedcounseling@gmail.com	100 Jenkins Ranch Rd, Unit E-1, Durango	970-216-5524	16+	Trauma, Childhood Abuse, Depression, Women's Issues, EMDR, Couples, Families	Medicaid , United, Aetna, RMHP, BCBS
Megan McCartney, LCSW	Durango	847-445-2777	13+	Eating Disorders, Trauma, Anxiety, Depression, Self-harm	Self-pay
Brit Meiers, LCSW brit@britneymeierslcsw.com	202 W. 22nd St.	970-903-8018	13+	Anxiety, Depression, Trauma, Life transitions, Women's issues, LGBTQ+, Relationship issues, EMDR, SE, DBT, ACT	United, BSBC, Medicaid , Self-pay, Sliding scale
Kiira Moore, LPC, IMH-E® kiiramooreslpc@gmail.com	270 E 8th Ave, Suite 206, Durango	970-414-0803	Infant+	Perinatal issues, Postpartum, Attachment, Trauma, LGBTQ+, EMDR, Parent/child work, Depression/anxiety, Self-esteem, Synergetic Play Therapy	Most private insurances, Self-pay
Caitlin Morris, LCSW trueselfdurango@gmail.com Trueselfdurango.com	679 E. 2nd Ave, Suite E-1, Office 6, Durango	970-508-6159	7+	Women's issues, Relational issues, Anxiety, Grief, Integrated Health, Trauma-informed yoga, EMDR	Self-pay
Kaitlyn O'Sullivan, LSC, LPCC kaitlynO@protonmail.com	Durango	918-720-5758	7+	Self-esteem, Social/peer issues, Family struggles, Adjusting to big life changes, LGBTQ+	Medicaid , CHP+, Self-pay
Stephanie Pace, LCSW www.Pace-Wellness.com Stephanie@Pace-Wellness.com	48 CR 250, Suite 8	970-769-7522	12+	Mindfulness-based, Life transitions, Depression, Anxiety, Grief, Strengths-based, Body-centered, EFT, Biofeedback	Aetna, Anthem/BCBS, Cigna, United/UMR, Optum/United, TriWest
Animas Valley Counseling Chari Perce, LMFT	1911 Main Ave. & Telehealth	970-400-1038	4+	Attachment, Play Therapy, Parenting, Domestic Violence, Trauma, Anxiety, Depression, Family, EMDR, Brainspotting	Medicaid , Self-pay
Kelly Pipkins-Burt, LPC (Telehealth)	Telehealth out of Pagosa Springs	970-507-0436	12+	DV, Depression, LGBTQ, Anxiety, Family, Trauma, DBT, Divorce, Parenting.	Self-pay, Medicaid , UHC, Friday, Cigna
Rainbow Youth Center	Durango	970-844-4337	11-22	2SLGBTQIA+	Available through programs

Russ Pool, LPC www.russpool.com	1911 Main Ave #258	970-375-7777	15+	Relationships, Trauma, Family therapy, Anxiety, Depression, Transitions, EMDR, Motivated teens	Self-pay
Emily Prigmore, LSW www.highdesertpsychotherapy.com	Durango	970-764-7870	13+	Adolescence, Anxiety, Life Transitions, Anger Management, Behavioral Issues, Trauma, Abuse, Sexual Violence, CBT, DBT, Polyvagal	Self-pay
Pura Vida Shelley Nielsen, LCSW www.thrivingtherapyyoga.com https://puravidahealthcare.com	160 East 12th St, Suite 1	970-946-1383 970-426-1684	13+	Body-centered, IFS, Trauma-informed yoga, Yoga nidra, Healing Through Yoga Series for Adults, SASO Healing Trauma group facilitator	Self-pay, Sliding scale
Lara Ristow LCSW	2855 Main Ave, A- 104	970-946-2669	4+	Anxiety, Depression, Grief, Loss, Trauma, Medical Trauma, EMDR, Synergetic Play Therapy	Medicaid , RMHP, CHP+, United, BCBS, Aetna, Friday, Cigna, Optum
La Plata Family Therapy www.laplatafamily.com admin@laplatafamily.com Katie Lundvall, LPC Kelly DiGiacomo, LPC Alyssa Walsh, SWC Matt Aspros, SWC Laura Olaniyi, SWC	135 Burnett Dr Unit 4	970-769-0131 x 707	All ages	Anxiety, Depression, Addiction, Life transitions, EMDR, PTSD, Trauma, Abuse, Divorce, Coparenting, Grief, Sexual abuse, Defiance and behavior issues, Autism, EMDR, Play Therapy	Medicaid (CO and NM), RMHP, CHP+, Aetna/Meritain, Cigna, Anthem BCBS, UHC, Presbyterian, Self-Pay
Phoenix Rising, LSW www.theartofselfhealing.org phoenix@theartofselfhealing.org	48 CR 250, Suite 8 or telehealth	720-312-3278	10-24	ADHD, Autism, Highly Sensitive People, LGBTQ+, BIPOC, Neurodivergent-identifying, Solution focused, Nervous system recovery, coping skill building, Lifestyle changes (ex: diet, exercise, and sleep)	Self-pay, IMatter (6 free sessions)
Riversage Family Counseling	100 Jenkins Ranch Road	970-422-3830	All ages	General phone for referrals and inquiries	Most insurances
Liz Shakford, LCSW	100 Jenkins Ranch Road	970-422-3830	All ages	CBT, Family conflict, Parent coaching, Child development, Stress, Child Abuse, Anger management	Self-pay, BCBS, Medicaid

Meghan Doenges, LPCC madoenges92@gmail.com	100 Jenkins Ranch Road	630-962-1305	16+	Anxiety, Depression, Existential concerns, Life transitions, Relationship difficulties, ACT, Jungian dream analysis, Mindfulness & somatic based therapy	Self-pay, Medicaid , BCBS
Doug Hunderman, M.Div.	100 Jenkins Ranch Road	970-764-0083	15+	Christianity, Pastoral Counseling, Couples, Family Conflict, Grief and Loss, Anxiety, Personal Growth	Self-pay
Randy Stueve, LPC randy@riversagecounseling.com	100 Jenkins Ranch Road	970-422-3830 x4	14+	Neurofeedback, Anxiety, ADD/ADHD	Self-pay, Sliding Scale
Chelsie Menard, LPC	100 Jenkins Ranch Road	970-422-3830	6+	Boundary setting, Mindfulness, Self-care, Play therapy	Self-pay, Medicaid , BCBS
Misty Mountain Therapy Jennifer Diethrich, LPC mistymountaintherapy@gmail.com & Rio my therapy dog	100 Jenkins Ranch Road	970-946-7002	10+	Solution Focused, CBT, anxiety, depression, trauma, life transitions, school issues, relationships, self-esteem, personal growth Equine Assisted Psychotherapy	Self-Pay, Medicaid , CHP+
Jenny Rogers, MS, ABP jenny@durangoadventuretherapy.com www.durangoadventuretherapy.com	213 Oxford Place	970-769-2563	11+	Adventure Therapy, Therapaddle (SUP), Talki'n and Tubi'n, Art Therapy	Self-Pay, Sliding scale
Marlene Schafer, LAC, MCC	Telehealth out of Durango	970-986-6448	14+	Depression, Anxiety, Substance use, Trauma	Self-pay
Denise Schenk, LPC www.deniseschenktherapy.com	102 East 8th Suite #209	970-749-4049	13+	Hakomi, Mindfulness, Trauma, Dual diagnosis, Mood disorders	Self-pay
Morgan Seymour, LCSW Morganl.seymour@gmail.com	Telehealth out of Durango	970-844-4838	12+	Families, Couples, Tech addiction, Autism, Postpartum support, Depression, Anxiety, ADHD	Aetna, BCBS, Cigna, Friday, Optum, TriWest, UMR/United, Self-pay
Matt Smith, LPCC winchestercounseling@gmail.com	2243 Main Ave	405-664-7519	13+	Trauma, Anxiety, Depression, ADHD, Autism Spectrum Disorder, Parent-child Conflict, Substance Use, ACT, Narrative	Self-Pay, Sliding scale
Stephanie Smith, LCSW, LAC A Wild Hope Counseling www.awildhope.com stephanie@awildhope.com	Telehealth	970-426-5354	13+	Anxiety, Depression, Loss and grief, Low self-esteem, Phase of life issues, Family and relationship challenges, and Substance use	Self-pay

Caleb Speas, LPCC Dropping In Counseling	755 East 2nd Avenue	970-903-4231	8+	Grief, Trauma, Anxiety	Self-Pay, Sliding scale
Kristin Spiegel, LCSW	434 Turner Drive Suite 1 Durango	970-749-6139	3-6	Play Therapy, Family Therapy with young children, Synergetic Play Therapy, Neurosequential Model, Brainspotting	Self-Pay
Lindsay Stonecash-Bauer, LCSW	2243 Main Ave	970-946-8002	All ages	LGBTQ+, Depression, Anxiety, Trauma, Grief, Family therapy, Parent support, EMDR, Mindfulness, DBT, Eating disorders	Self-pay, RMHP (Medicaid , CHP+), Anthem/BCBS
Sarah St. John LPCC Sarah St. John Counseling, Coaching, and Healing www.sarahstjohncounseling.com	Durango	970-946-8456	11+	Depression, Anxiety, Trauma, EMDR, Self-esteem, Identity, Parenting, Mindfulness, Navigating support in public schools (504 or IEP), Spirituality, LGBTQ, Relationship conflicts	Self-Pay
Studio B https://studiob.life/	1305 Escalante Dr. #203	970-422-1761	2+	Individuals, Couples, Groups, Integrated health, EMDR	Self-pay, Sliding scale, Most insurances
Lisa Turcott-Gutt, LPCC		970-426-8300	4+	Play Therapy, Child, Adolescent, Young Adult, Family, Trauma, Grief & Loss, Anxiety, Depression, Transition & Adjustment, Attachment Issues, LGBTQ+ supports, Body-centered Holistic Approach.	Self-pay, Sliding scale, BCBS, Medicare, Medicaid , RMHP, UHC, Cigna, Pinnacol, Friday Health, Second Wind Fund
Miranda Day, LPC			15+	Chronic illness, Trauma, Anxiety/depression, Relationships, Personal growth, and Spirituality	Friday Health, Pinnacol, Self-Pay, Sliding scale, Cigna, Second Wind Fund
Megan Oberholtzer, PhD Intern			13+	Cognitive behavioral Therapy, anxiety, depression, PTSD, ADHD, Mind/body health, Trauma, Mood Disorders, Life Transition, Adjustment Issues, Conduct Disorders, EMDR	Self-pay, sliding scale, BCBS, Aetna, Cofinity, UHC, Cigna, Medicare, Medicaid , RMHP, Friday, Optum, Second Wind Fund
Shari Fitzgerald, LPCC			15+	Trauma, Sexual Assault, Grief, Relationships	Self-pay, Sliding scale, BCBS, Medicare, Medicaid , RMHP, UHC, Cigna, Pinnacol, Second Wind Fund

Lars Olson, PhD Clinical Psychology Candidate			10+	Life Counseling, ADHD, Depression, Anxiety, Autism, Adoption, Foster families, Adults, Teens, Young Adults, Family, Suicide, family and parent training	Self-pay, sliding scale, UHC, Medicare, Medicaid , RMHP, Second Wind Fund
Haley Wiedenman, LPCC			13+	Wilderness Therapy, Women, Abuse, Trauma, Grief, Depression, Anxiety, Domestic Violence, Couples, Family	Self-pay, Sliding scale, BCPS, Medicare, Medicaid , RMHP, UHC, Cigna, Second Wind Fund
Stacy Reuille-Dupont, PhD, LAC			16+	PTSD & Trauma, Somatic Psychology, ADHD, Addiction, Disordered Eating Behavior, Dealing with Autoimmune Disorders, Depression/Anxiety, Hakomi/EMDR, Life balance, Weight Loss/Gain, Leadership Development, Personal Growth, Nutrition and Movement for Mental Health	BCBS, Aetna, Self-Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacle, Friday Health, Coventry, Tricare, workers comp, Second Wind Fund
Linza Vargas, LCSW www.holisticallyrootedcounseling.com	2243 Main Ave, Suite 3B	610-563-9758	13+	Somatic Experiencing, Polyvagal, Art Therapy, Anxiety, Depression, Trauma, Family Therapy, Play Therapy, Attachment Issues, Reparenting and Inner Child work	Self-Pay, Sliding scale
Julie Viscnich, LCSW, LAC	1053 Main Ave #109a	970-710-3894	15+	Life transitions, anxiety, self-esteem, families, trauma, Mood, interpersonal communication, hypnosis, emotional freedom technique	Self-pay
Western Skies Counseling www.westernskiescounseling.com Joseph Prekup, LPC joseph@westernskies.care Nancy Raffaele- Ilic, LPCC	2855 Main Ave #A103 1911 Main Avenue, Suite 246	970-281-5550 970-799-2202	16+ 13+	Cognitive Behavioral Therapy, Solution-focused, Narrative Therapy, Christian, Mood Disorders, Personality Disorders, Families Trauma, SI, Grief, Addictions, Self-harm, Depression, Anxiety, Psychosis, DID, Hallucinations, CBT, DBT, ACT, Client-centered	Self-pay, Sliding scale
Silas Wright, LPC silas@rhizomecounseling.com	2257 Main Avenue	720-441-4552	14+	Trauma, Pain management, Chronic Illness, Severe and Persistent Mental Illness, LGBTQ+, Mindfulness, DBT, Gestalt, IFS, EMDR, Young Adults, Veterans	Aetna, Optum, TriWest, UMR/United, Self-pay

Bayfield & Ignacio Therapists

Name	Address	Phone	Ages	Interventions/Specialties	Payment Methods
Jessaca Cassady LCSW, LAC www.claritycounseling.solutions <i>jessaca.cassady@gmail.com</i>	Bayfield 1328 Co Rd 501 Ignacio 405 Browning Ave.	970-903-3354	6+	Family/Marriage, Addictions, Anxiety/Depression, CBT, DBT, Mindfulness, Trauma, EMDR, Christian Counseling	Medicaid , Medicare, CHP+, Most Insurances, EAP's, Self Pay-Sliding Scale
Nicole Fuller MA, DVAP, CAC III www.nicolefuller.com	Bayfield Office 1327 Bayfield Parkway, Bayfield, CO	970-769-2435	10+	Anxiety, Depression, Substance Abuse, Parenting, Domestic Violence, Court Ordered, Grief, Transitions, Anger Management	Self-pay, Sliding Scale
Southern Ute Health Center - Behavioral Health Division – Variety of therapists available for all age groups www.southernute-nsn.gov/tribal-health/behavioral-health	4101 County Road 222, Durango, CO 81303	970-563-5700	All ages	Intervention / Specialties: Serving Native Americans from any Federally Recognized Tribe; Substance Use Services; Mental Health therapy and Psychiatry services; In-person and Telehealth; Individual, couples and groups; Trauma; MAT / MOUD	Most insurance accepted, Medicaid, Medicare. If no third-party insurance, services are free for all Native Americans who enroll as patients of the Southern Ute Health Center

Pagosa Springs Therapists

Name	Address	Phone	Ages	Interventions/ Specialties	Payment Methods
Sarah "Sam" G Conti, LPC, CAS	2800 Cornerstone Build #B #208 Pagosa Springs, Co	970-731-2114	12+	Cognitive Behavioral Therapy, Mindfulness Based Cognitive Therapy, Mediation, Intimate Partner Abuse, Divorce Counseling, Parent Education, Parent/Child Reunification Therapy, Child/Family Investigator, Parental Responsibility Evaluator, Supervised Therapeutic Visitation	Aetna, BCBS/Anthem, Cigna, United/UMR, Self-pay
Authentic Solutions Consulting Stacey Foss, LAC Erik Foss, LPC, LAC Lacy Brown, LPCC Stacey Lewis, MS Brittiany Newsome, FNP-C	2800 Cornerstone Drive Building B, Suite 201 Pagosa Springs, CO 81147	970-398-0964	All Ages	Substance Use Disorders, Co-Occurring Disorders, General behavioral health issues, Trauma, EMDR, DBT, Families, Couples, Licensed DUI treatment provider, Approved Domestic Violence Treatment.	Most insurance accepted, Medicaid , BCBS/Anthem, Aetna, EAPs, United/UMR, Optum

Kelly Pipkins-Burt, LPC	2800 Cornerstone Dr Pagosa Springs, Co	970-507-0436	12+	Anxiety, Depression, Integrated care, LGBTQ+	Medicaid , United Healthcare/UMR, Cigna, Friday
Archuleta Integrated Healthcare	52 Village Drive Pagosa Springs, CO 81147	970-264-2104	All ages	Anxiety, Depression, Children, Adolescents	Medicaid , Sliding scale, most insurance

Cortez & Norwood Therapists

Name	Address	Phone	Ages	Interventions/Specialties	Payment Methods
AXIS Health System	Cortez, CO (two days a week)	970-565-7946	All ages	Individual, Family, Individual and Group therapy; Case Management	Medicaid , Most other insurance (call to ask)
Mind Body Connections Counseling Licensed in CO and UT Russ Patten, LPC www.russpatten.com	321 E. North St Cortez, Co	385-743-0251	12+	Anxiety, Depression, Trauma, DBT, CBT, EMDR, Motivational Interviewing, Solutions Focused, Veterans	BCBS/Anthem , Behavioral Health Systems, Chip+ Plan ERS EAP, Medicaid , MultiPlan, Optum, RMHP, Second Wind Fund, TRIAD EAP, UMR
Renee Podunovich, LPC www.reneepodunovich.com	321 E. North St Cortez, Co	385-232-3671	13+	Women, Trauma, Grief and loss, Anxiety, Mood disorders, Life transitions, Mindful Self- Compassion Therapy, Somatic therapies, EMDR, Athletes and professionals' performance.	BCBS/Anthem , Behavioral Health Systems, Chip+ Plan ERS EAP, Medicaid , MultiPlan, Optum, RMHP, Second Wind Fund, TRIAD EAP, UMR
Nikki Gillespie www.nikkig-origins.com	18483 Hwy 145 Dolores, Colorado 81323	970-882-8850	18+	Body centered psychotherapy, Trauma coach, Somatic Bodyworker, Rolfer, Doula, Childbirth Educator and somatic sex educator	Self-Pay
Thrive Wellness www.livethrivenow.com Elizabeth Davis, LCSW Mesa Owen, SWC	1555 Summit St. Norwood, CO 81423 Telehealth Available	970-759-0533	All ages	Trauma informed, Mindfulness, DBT, EMDR, ACT, IFS Informed. Skills-based treatment.	Most Insurances - Medicaid , Medicare, RMHP, Aetna, Anthem BCBS, UMR/UBH/Optum, Humana, Triad EAP

Western Skies Counseling www.westernskiescounseling.com Heather Murphy, MS, LPCC heathermurphy@westernskies.care	Cortez, CO (Monday and Wednesday, 9:00am - 6:00pm; Friday, 9:00am - 1:00pm)	970-715-1380	All ages	Applied Behavior Analysis, Disaster Relief, Solution Focused Brief Therapy, Dialectical Behavior Therapy, Crisis Intervention, and Art Therapy	Self-pay, Sliding Scale
--	--	--------------	----------	---	-------------------------

Psychiatry (Medication)

Name	Address	Phone	Ages	Interventions/ Specialties	Payment Methods
Alder Grove Wellness Group Lisa Isenberg, PMHNP www.aldergrovegroup.com	231 S. Clover Suite 5 Bayfield, Co 81122	303-975-6142	5+	Psychiatric Evaluations, Medication Management	Self-pay, Sliding Scale, Medicaid
Perins Psychiatric Health Jamie Knight APN	270 E 8 th Ave #203 Durango, CO 81301	970-247-0640	18+	Psychiatric Evaluations, Medication Management	Self-pay
Sarah Alsgaard, DNP, APRN, PMHNP-BC sarahalsgaard@durangopsychnp.com	270 E 8th Ave A - 206 Durango, CO 81301	970-764-0093 Fax: 970-510-7249	14+	Psychiatric Evaluations, Medication Management	Self-pay
La Plata Family Counseling Christopher Will, MSN, PMHNP-BC	135 Burnett Dr, Durango, CO 81301	970-769-0131	All ages	Psychiatric Evaluations and Medication Management, Trauma, Depression, Suicide Ideation, ADHD, Schizophrenia, Bipolar disorder	Aetna, Cigna, Presbyterian, Magellan, Medicaid , Self-pay
Authentic Solutions Consulting Brittiany Newsome, FNP-C	2800 Cornerstone Drive Building B, Suite 201 Pagosa Springs, CO 81147/Telehealth	970-398-0964	All Ages	Medication management for Behavioral Health and Substance Use, Medication Assisted Therapies.	Most insurance accepted, Medicaid , BCBS/Anthem, Aetna, EAPs, United/UMR, Optum

AXIS Health System Christy De la Garza-Gilbert, PMHNP Must be seeing a therapist for all ages	Durango, Pagosa, Cortez	Durango: 970-259-2162 Cortez: 970-565-7946	All ages	Psychiatric Evaluations, Medication Management	Medicaid only , Must be seeing a therapist (does not have to be through Axis)
---	-------------------------	---	----------	--	--

Psychological Services (Testing)

Name	Address	Phone	Ages	Interventions/Specialties	Payment Methods
Paula Coats, MS.Ed pmcoatshjj@icloud.com	Durango, CO Bayfield, CO Ignacio, CO	573-999-4477	All Ages	IQ testing, Education evaluations, Developmental evaluations, Behavioral evaluations, In-classroom assessments, IEP support, Screening and evaluations for learning disorders	Self-pay (\$30/session)
Dr Doug Miller, PsyD www.summitpsychology.net	1099 Main Ave # 319 Durango, CO	970-382-2680	2+	Parent counseling, Neurofeedback for children for anxiety, ADHD, Learning	Self-pay, Some Sliding Scale
JW Ragsdale, PsyD	Durango, CO	970-247-2451	16+	Educational testing, Neuro-psych testing, ADHD, Closed head injuries	Medicare, Medicaid , Most insurance
Liberty School www.thelibertyschool.org	Durango, CO	970-385-4834	All ages	Dyslexia	Self-pay
Metis Center www.metiscenter.net	Telehealth only	720-387-8458	All ages	Learning, Cognitive, and Personality Assessments, Neurofeedback, Therapy	Aetna, BCBS, Kaiser, Cigna, Medicaid , United, EAPs
Psychological Solutions www.psychologicalsolutions.org	Telehealth only	801-528-5140	All ages	Educational testing, Personality Assessments, Holistic Approach	Self-pay
Valerie Chris Gage, MS. Ed, LED Gagehouse@att.net	Durango, CO	972-849-2020	All ages	Licensed Educational Diagnostician, Evaluation and Compliance Specialist, Advocacy Services	Self-pay
Sharpened Perceptions Rachel Barnes, LCSW Anna Layden, MS	2517 Delwood Ave. Durango, CO	970-769-3006	All ages	Comprehensive educational testing, ADHD, assistance in creating 504 and IEP plans	Self-pay

Studio B Shane Nelson, PsyD	1305 Escalante Dr. #203 Durango, CO	970-422-1761	All ages	Youth, Young Adults, Academic Intervention, Counseling, Academic Assessments	Self-pay, Sliding scale
Whole Child Educational Evaluations Jessica Iudiciani, PsyD www.wholechildevaluation.com	1075 Main Ave. #226 Durango, CO	970-615-0938	All ages	Intelligence, achievement, and behavioral testing; learning disabilities, dyslexia, dysgraphia, dyscalculia, ADHD; Autism screening	Self-pay (\$2,200-\$2,700)